

Whale & Dolphin Energy Light Medicine Training Manual - Module 2



**Dolphin Wisdom, Healing and DNA Calibration for Humanity
Created by Laurie Reyon & Master Cat Puddah-Seth
LaurieReyon.com**



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WHALECOME TO MODULE 2 of Whale & Dolphin Energy Light Medicine!

Please know that whether you are seeking to become a professional Healer and become certified in this work, or you are just called to work on yourself with the amazing Whales and Dolphins, you are truly honored. The love and support we receive from the Whales and Dolphins is beyond what we can make known in this dimension, but we are prepared to allow ourselves to grow and expand in our abilities to be:

- 1. A true WISDOM teacher for the Whales and Dolphins, representing them in the highest and best way possible, with our beautiful meditations and messages that are educating the world.***
- 2. A powerful and Grounded Facilitator/Practitioner for their Healing Templates and Processes.***
- 3. A powerful Channel for their personal and collective words of wisdom for ourselves and for our clients.***

We are delighted to support you in the training and practice of the work we are now beginning with the Dolphins and Human DNA. This is a very intimate and personal journey into your deep core issues and buried emotions. As we become willing to own every thought, word, and deed that we have had, we can come into a place of conscious creation where there is no shame or judgement.

As we interact with each other and our clients, we actively move into the mastery of practicing observation over judgement. From this place we will be able to clearly observe where there are physical, mental or emotional blocks. We will expand in our energy fields, abstaining from fear and judgement. We will move beyond feeling small, or not worthy, or not capable, into overcoming every challenge and embracing our ability to be unlimited.

Working with the Dolphin consciousness and community, we embrace a deep inner journey into your Mastery from life times past on this world, and before Earth. It is all there in the DNA, which is the code for all that you are, all that you have been and all that you can become.

Working with the dolphins, it all can become observed with clarity and support abounding. It is a gentle way of healing, but ever so revealing. The Dolphins remind us in every way, that the Solution Energy is within us, and is not that far to stretch to find it and bring it in.

Module 2 will also assist those that are seeking a way to become a very supportive coach and healer combined. It is so wonderful to see how powerful the dolphins are when they come in to assist us in the most deeply personal way and yet so very gentle.

You are each dearly loved and supported in this work and I am grateful you are here!

***Blessings,
Laurie Reyon***



Message from the Great White Whales

Beloved Ones,

Congratulations! You have passed the Initiatory stage of working with our “Rites of Passage”. You are now encoded and designed to assist those that desire to align with their true purpose. You are able to work in partnership with us, to lift everyone into expanded states of perception, no matter their current level of consciousness.

There are those of you that are fully prepared to endure this quickened pace and realize a Holy emergence as you facilitate our healing sessions. Other will participate to deepen certain understandings, or to accelerate clearings and internal activations. We are working with you on all levels and dimensions.



Your varying levels of consciousness are contained within a higher vibrating group matrix. This matrix can be raised to directly experience heightened levels of awareness. The KEY to integration is to remain with the group energy field, even when you are physically alone. This will allow you to continue to access the energy where you can expand and still stabilize at an accelerated pace.

The message is to tell you to remain connected as you are so guided, as you will benefit from future initiatory experiences that will be created from your pure loving intention, connected to the Great White Whale Council.

We are further defining the emerging God Race of Humans, as we demonstrate the most important characteristics of living in Global Harmony, Peace and 5th Dimensional conscious living.

Our combined energies are assisting in creating a progressive emergence of a group harmonic that has the potential to ripple out through the Unified Field, catalyzing a dynamic upshift in Unity consciousness. Together, joined in Love we will assist many humans on their road to Self Mastery.

Be well and know you are dearly Loved.

We are the Great White Whale Council

WHO ARE DOLPHINS?

DOLPHIN MESSAGE

The Dolphins are the ambassadors and the embodiments of Joy. They represent the positive feeling and emotional states of happiness, passion, love, joy, family and purpose. They are ambassadors to humanity assisting us in finding and living those qualities within ourselves. When you connect to the Dolphins, they ask each of us to go within to find that special place within our hearts. They ask us to connect with the Divinity within ourselves and truly connect with our Souls. They remind us that the Soul is the consciousness that we incarnated from, and that which we will ultimately return to. Our physical bodies are just an expression of that part of us that embodies a higher power and consciousness. Our Souls want nothing more of us in the physical than for us to be happy and live a joyful and magical life. It is only through creating joyful feelings can we achieve a higher vibration and can truly connect to and communicate with our Higher selves. So, the Dolphin's message is quite simply to become aware of how easy it is to monitor our thought forms and just choose to change them if we find our thoughts anything other than joyful! Simple, but profound. Remember to think is to create and we are the creators and co-creators of the world in which we live.

May you find great love and joy in your heart each day and find a way to share it with another!

The Dolphins through Laurie Reyon

2006



Dolphin Message on Communication and Healing

We are the Dolphins. We are unified, synchronized and communicative. We seek to connect with you when you are ready, to help you remember. In truth we know each other well. You are playing a human part and we are each playing a dolphin part. What that means is that you already know everything we know within yourself. But, you agreed to forget, so that the process of remembering and taking back your power would be a journey. This journey of remembering, not only helps you, but it helps many, many, others as well. When the Soul's agreed to forget the Universal truths during their time on Earth in form, our Creator knew you would need a lot of help. We, the Dolphins are playing that part for you. We are ascended Beings of Light and Love and have already accomplished everything you can imagine. There is nothing for us to do or be that we have not done as members of the Cetacean nations. We willingly offered to come here to the oceans of planet Earth, in this time frame to be the ambassadors of Joy for humanity. We also volunteered to be the ultimate healers for those that remember more about us and choose to seek us out for their healing.



If our message seems vague or confusing, it is not meant to be. We know there is some trust involved on your part, in hearing a woman channel our voices. But we remind you that any one of you can channel us or speak with us, if you choose it. You simply need to raise your vibration and ask for it. Then there will be some practice involved so that our communications can become clear in your vessel. We tell you that we are waiting to communicate with you! We are also waiting for more of you to call us into your physical world to offer you healing energy and calibrations of the highest vibration.

Dolphins have never in all our history been known to attack man — even when man tries to make him. The dolphin will resist even until his death. This superior behavior points to a very evolved Being, that is super sentient beyond mankind.

SPECIES OF DOLPHINS

The family Delphinidae is comprised of 26 species of dolphins and porpoises and Orcas. All Dolphins are toothed whales. We will explore a few of the species that have demonstrated their willingness to interact with humans and calibrate our DNA.

About the Dolphins

Dolphins travel in social groups called Pods and communicate with each other by a complex system of squeaks and whistles. They communicate in many ways,



including: snapping their jaws, slapping their tails on the surface of the water, blowing bubbles and even butting heads. Each dolphin has a special whistle that it creates soon after it is born. This whistle is used for identification, just like a human's name. Dolphins also produce high frequency clicks, which act as a sonar system called echolocation. Dolphins track their prey through the expert use of echolocation. They can make up to 1,000 clicking noises per second. These sounds travel underwater until they encounter objects, then bounce back to their dolphin senders, revealing the location, size, and shape of their target. Dolphins have a sharp sense of hearing. Scientists believe that the sounds travel through the dolphin's lower jaw to its inner ear and then are transmitted to the brain for analysis. Dolphins are very social and playful mammals, and form friendships that last for decades. They like to surf in the waves and wakes of boats and swim through self-made bubble rings. Dolphins have been known to come to the aid of an injured dolphin and help it to the surface, and there are many stories of how Dolphins have come to assist humans as well. Humans are the main predators for Dolphins, as they are threatened by commercial fishing for other species, like tuna, and can become mortally entangled in nets.

Bottlenose Dolphins

There are two species of Bottlenose Dolphins; the Common Bottlenose and the Indo-Pacific Bottlenose. Bottlenose Dolphins are known to be highly intelligent and charismatic. They are the Dolphins most commonly seen in captivity and performing in the Aquarium shows. Their curved mouths give the appearance of a friendly, permanent smile, and they are known for their willingness to work with trainers and perform complex tricks. They can jump some 20', spin and twist, often landing with a playful splash. In the wild, these sleek swimmers can reach speeds of some 28 miles an hour. They surface often to breathe, doing so two or three times a minute.



Bottlenose Dolphins grow to be anywhere from 6 to 12 feet long and they live about 65 years.

Atlantic Spotted Dolphin

The Spotted Dolphins are found in the Gulf Stream of the North Atlantic Ocean. Older members of the species have a very distinctive spotted coloration all over their bodies.

The coloring of the Atlantic spotted dolphin varies enormously as it grows. Calves are a fairly uniform gray-white, with one or no spots. When they are weaned, speckling occurs, typically between 3 and 4 years and lasting for an average of 5 years. A juvenile is considered mottled when it develops merging gray and white spots on the dorsal surface and black spots on the ventral surface. This usually happens between age 8 or 9.



As the animal matures, the spots become denser and spread until the body appears black with white spots at full maturation.¹

Atlantic spotted dolphins are extremely gregarious animals, which gather in complex social groups of 5-15, often in mixed groups with common bottlenose dolphins. They are fast swimmers and known for their bow-riding and long, shallow leaping behaviors. Mothers care for their calves for up to 5 years, with the help of the rest of her pod. Some Atlantic spotted dolphins, particularly some of those around the Bahamas, have become habituated to human contact. These pods have been called “the friendliest Dolphins in the World.”

Orcas

The Orca is largest member of the Dolphin family. The Orca is distinctive in appearance with a large black body, a white underside, a white patch above and behind the eye, and a grey 'saddle patch' behind the dorsal fin. They are toothed whales and often called Killer Whales. The Orca is highly intelligent, highly adaptable and able to communicate and coordinate hunting tactics. They live primarily near British Columbia in Canada, but their migration pattern can be long, between Alaska and California. Depending on the type of social group and location, orcas will hunt fish, squid, seals, sea lions, seabirds and even whales much larger than themselves. There has never been a documented attack on a human in the wild, and there are some stories of orcas protecting humans at sea from sharks.



At up to nearly 10 meters long, male orcas are larger than females and have a tall dorsal fin - up to nearly 2 meters in height. The tall sword-shaped and strikingly visible dorsal fin makes them almost unmistakable at sea.

Common Dolphins

There are two species of **common dolphins** - the long-beaked **common dolphin** and the short-beaked **common dolphin**. Common dolphins can be found widely distributed in all tropical, sub-tropical and warm-temperate waters. These dolphins don't migrate like so many other species do. The Common Dolphin is very social, and they live in large groups called pods. The number in a pod can be several hundred or it can be in the thousands. The largest ones number over 10,000. They have a very complex hierarchy that keeps them orderly and they tend to create subgroups based on age and other factors. They have been seen taking part in a variety of different behaviors including somersaults, breaching, and bow riding. They are very active, playful and friendly with each other and with humans. Touch and echolocation are big parts of their social interactions with each other. They seem to thrive on the connections they have with each other. Vocalizations including whistling, whining, and clicking are very common. Research shows that their dialogue can be different based on the pod they live in.



Pacific White Sided Dolphins

The species has three colors. The chin, throat and belly are creamy white. The beak, flippers, back, and dorsal fin are a dark gray. Light gray patches are seen on the sides and a further light gray stripe runs from above the eye to below the dorsal fin, where it thickens along the tail stock. A dark gray ring surrounds the eyes.



The species is an average-sized oceanic dolphin. Females reach maturity at seven years and individuals are believed to live up 40 years or more. The Pacific white-sided dolphin is extremely active and mixes with many of the other North Pacific species. It readily approaches boats and bow-rides. These dolphins commonly swim in pods of 10 to 100. They can often be seen bow-riding and doing somersaults, as they are known to be very friendly. Members form a close-knit group and will often care for a sick or injured dolphin. Pacific white-sided dolphins are also a part of some marine theme park shows. Roughly 100 reside in Dolphinariums in North America and Japan.

Spinner Dolphins

The spinner dolphin is a small dolphin found in off-shore tropical waters around the world. It is famous for its acrobatic displays, as it jumps and spins while in the air. Spinner dolphins can dive 900 feet in depth and stay 8 minutes under the water when they are searching for food. **Spinner dolphins** are very social animals. They live in pods of 100 to 1,000 animals.



Dolphin as Spirit Animals

The Dolphin Spirit animal represents harmony and balance. Dolphins are both highly intelligent and closely in tune with their instincts, striking a balance between the two states. Dolphins are also a symbol of protection and of resurrection. Their playful nature is a reminder that everyone needs to approach life with humor and joy. People who identify with the dolphin totem are usually peaceful and gentle, but with a deep inner strength.

Dolphins as a Symbol of Resurrection

Dolphins have long been linked to resurrection. The ancient Greeks believed that they carried the souls of the dead to the afterlife. In Christian artwork, the dolphin is often portrayed as carrying souls to Christ, so they can be born anew. People who are

attracted to the dolphin spirit animal may find themselves on the cusp of a spiritual and personal re-birth, or may have undergone one recently.

Dolphins as a Power Animal

Dolphins in the wild are strong and fearless, demonstrating inner strength. When sharks threaten them, they don't hesitate to fight instead of trying to flee. They represent strong moral convictions and self-confidence, reminding us to speak our minds and stand our ground rather than hide our true selves.



Dolphins as a Symbol of Cooperation

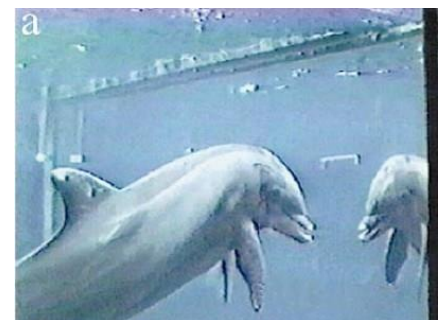
Dolphins live in large cooperative social groups. Healthy adults work to protect and feed injured ones, and the whole pod rallies around Mothers and their calves to protect them from predators. They demonstrate a level of selflessness and cooperation that most people struggle to achieve. The dolphin totem shows that coming from a place of love makes it easy to work with others without sacrificing our own needs. *By Allison O*

Dolphin Wisdom

Dolphins have great knowledge of the sea. They are known as patrons for sailors and Beings that demonstrate harmony, wisdom and balance. They are evolved in communication, freedom and trust. They understand the power of cycles and rhythms in our lives. They are Masters of breathwork, as they teach us to release intense emotions. Dolphins are unselfish and are Masters of living in transparency and in cooperation. They remind us to get out, play and most importantly, to breathe.

Dolphin Trivia

Dolphins recognize themselves in mirrors—one of the few mammals, other than humans that have the ability to do so. Dolphins not only can recognize themselves in a mirror but also can notice changes in their appearance.



Dolphins sleep about 1/3 of time, as we do, but since they are 'conscious breathers', one half of the brain naps while the other remains awake to continue breathing.

Dolphins have belly buttons!

Dolphins form social groups called “Pods.” These average at fewer than 100 members, but frequently travel with other pods, sometimes bringing 1000’s of Dolphins together.



Dolphins may be unique among non-human animals in their ability to imitate both sounds heard (vocal mimicry) and behaviors seen (behavioral mimicry).

Dolphins are the only species known to cooperate or ally with another group or pod. These highly intelligent social behaviors and relationships are unique to mammals – other than humans.

The average lifespan of bottlenose dolphins is between 40 and 60 years.

A dolphin brain weighs 3.5 pounds. A human brain weighs about three pounds.

Gestation for dolphins is about 12 months.

Unlike humans, the outer layer of a dolphin’s skin is made up entirely of live cells. Dolphins have no protection against bruises.

Every dolphin has its own distinct whistle to distinguish it from other dolphins, akin to a human fingerprint.

A dolphin’s forehead is called a “melon” due to its distinctive shape.

Some dolphins can hold their breath for up to 30 minutes at a time.

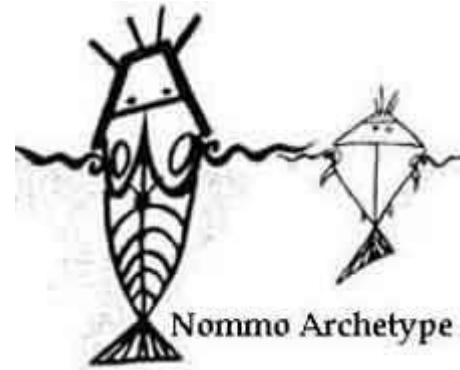
Dolphin History

Dolphins have intrigued people for thousands of years, not only for their intelligence, but for their connection to us and our galactic history.

The Dogon tell the legend of the Nommos, Space Beings who arrived in a vessel along with fire and thunder. The Nommos, who could live on land but dwelled mostly in the sea, were part fish, like merfolk (mermaids and mermen). Similar creatures have been

noted in other ancient civilizations including the Babylonia's, Acadia and Egypt's Goddess Isis. The Dogon claimed their knowledge of the heavens came from the Nommos.

The Dogon also claimed that a third star (Emme Ya) existed in the Sirius system. Larger and lighter than Sirius B, this star revolved around Sirius as well. And around it orbited a planet from which the Nommos came.



The Nommos are a race of Beings that takes the physical forms of dolphins, whales, mermaids/mermen. Their home world is a planet in the Sirius star system that is mostly warm aqua-blue water. Many of the Nommos walk upright. They are known for their highly advanced used of sound.

The Nommos play an important role in earth's evolution. Right now they are the guardians and guides of the portion of Etheric Sirians, who are in dolphin, whale, and mermaid/merman bodies in order to maintain the biosphere of earth.

The Etheric Sirians are the soul group that was given earth as their new home when their former home, Sirius B, imploded.

When Earth ascends the Etheric Sirians will take over as guardians of their planet. Those in aquatic form will have the choice to change form and take on a human body, walking the earth as a land guardian. Many of the Etheric Sirians in aquatic forms are making this choice now and, therefore, are beaching themselves. They are returning to the Nommos home world for training on being in a human body so that they can return to earth as land guardians.

Those who are of the Etheric Sirian soul group are usually very drawn to the whales and dolphins. They also can be found in organizations and groups whose focus is healing the earth and conserving her resources. The majority of Etheric Sirians are found among the black, red and brown races of Earth.

“The Dogon say that their astronomical knowledge was given to them by the Nommos, amphibious beings sent to earth from the Sirius star system for the benefit of humankind. The name comes from a Dogon word meaning ‘to make one drink’, and the



Nommos are also called Masters of the Water, The Monitors, and The Instructors. They came to earth somewhere to the northeast of the Dogon's present homeland.

The legend depicts the "Nommos" as partly fishlike in appearance and living mostly in the sea. These creatures bear a striking similarity to the creatures called Oannes by the Babylonians and the Sumerian creature called Enki. Even the Egyptian god Isis was depicted as what would be later termed a mermaid. In all cases, these "Gods" were related to the worship of Sirius.

The Dogon, say that the drawings on the walls of their cave showed them about certain Beings who came to Earth a long time ago, and information about where they came from. These drawings show a flying saucer coming out of the sky, and landing on three legs. Then it depicts the beings in the ship making a big hole in the ground, filling it with water, jumping out of the ship, and into the water, and finally coming up to the edge of the water. These beings looked very much like dolphins. They then started communicating, and described where they came from, and gave the Dogon tribe this information.

A very interesting mythological story about whales and dolphins concerns a tribe in west Africa called the Dogon of Mali. The Dogon, whose culture is alive and well today, at one time lived on the southern coast of the Mediterranean. They have many religious and creation beliefs which very much involve the whales and dolphins. They have perpetuated these beliefs in their religious ceremonies and in the form of sand drawings.

In their basket weavings they had 50.8 divisions, the reason for which is that they had quite specific knowledge of the Sirius star system which is a binary star system. They understood how Sirius B, the white dwarf, moved around the main bright star Sirius A.

They used sand drawings to illustrate the orbital paths of the stars. The white dwarf Sirius B takes 50.8 years to complete an orbit of Sirius A. The Dogon knew this.

Sirius B, the white dwarf, is not visible using a telescope whereas radio astronomy allows one to hear Sirius B. Arthur C. Clark simply said to Temple, "You would be interested in the Dogon." Richard Temple began research on the Dogon and discovered how much knowledge the Dogon had of the Sirius Star System. He then went on to spend seven years of his life with the Dogon and wrote a book called 'The Sirius Mystery'.

When Temple went to meet the Dogon he asked, "How did you get this knowledge?" The Dogon's answer was very simple. They said, "These creatures came from the star Sirius, landed in the ocean and were in the form of amphibians, whales and dolphins. They gave us the knowledge about the Sirius star system."

In Sumeria, dolphins were connected to Ea-Oannes, the deity of the sea, and sometimes with the goddess Isis in Egypt. The ancient Celts attributed the dolphin with well-worship and the healing powers of water, and the image of people riding dolphins is seen on some Celtic artifacts. Some Australian Aboriginal tribes claim to be direct descendants of dolphins, who are sometimes regarded as guardian spirits.

In Plutarch's book *On the Cleverness of Animal* Sexplanation was made of Odysseus worship of dolphins. Apparently, Odysseus' son, Telmachos, fell into the sea and was saved by a dolphin. "And this was why his father had dolphins engraved on his ring and emblazoned on his shield, making his requital to the animal". A more familiar occurrence is mentioned in Shakespeare's *Twelfth Night*. Arion, a rich poet and musician had his life threatened by pirates on board his ship. His last will was to sing one last song, and since he must die, he wished to jump overboard, taking his own life. After a very high-pitched, long, whaling song, Arion jumped overboard. But he did not drown. A dolphin carried him about 200 miles to shore. The Greek people say that Arion was not a god and that this is true and happened while Pereander was king (about 60 years BC). This incident was also recorded by historian Herodotos and others.

Excerpts by Gregg Prescott

Dolphin Folklore

The Maoris of New Zealand have a legend that says they were led to their promised land by a group of dolphins, who helped them to the shore. In the modern world, tales of dolphins saving humans by battling sharks, helping drowning people ashore and even guiding life boats to victims of shipwrecks frequently make it to the papers. Such actions of compassion are deeply touching, especially when considering the many ways in which dolphins and whales are mistreated by humans.



It is no wonder that for the ancient Greeks and Romans, Christians and Native Americans, the dolphin is a symbol of protection, and the Dolphin image is said to bring good luck.



Legend of the Golden Dolphin

The origin story of the Legend has been described by Scott Taylor and can be seen at dolphintale.com/Legendbackground.html. There is also an article that references the Golden Dolphin titled, "Our Father...who art in water?"

"Peter wrote, in 1976 while living in Sydney Australia, "I watched half in awe, half in horror as my hand picked up a pencil lying nearby and began to write at a furious pace. The writing kept going until dawn, and

continued every night for almost two weeks, pouring out an incredible fantasy/story about the impending tribulation and concurrent transformation of human consciousness, the role which the cetaceans will play in those events, and my specific job as their messenger. I was told this would form the seed of a new global tribe of Dolphin Dreamers, a tribal gathering that will transcend the old barriers of race, creed, color, ego, fear and alienation to become the new leaderless Aquarian network of free Beings...

The Legend of the Golden Dolphin, which simply represents the spirit of freedom, our guide through the reefs of time. Every Being who enters into the Dolphin tribal adventure brings their own unique contribution, and thus the legend grows, and grows....and the dream of a perfect family, a perfect brother—and sisterhood, a perfect life in harmony with each other and the world, a perfect human-dolphin tribe draws near. Our only job on the planet now is to spread the word about dolphin dreaming and as that dream grips the human imagination, the world will turn."

by Peter Shenstone

It is with both Spirit and Science that the Legend of the Golden Dolphin has always worked. Combining and connecting them in ways that transcend the false division between them that most people regard as 'natural' is, in some ways, the actual work to be done. Reaching across the borders surrounding cultures is the work of Ambassadors. Negotiating ways of respectful acknowledgement of each culture's ways is the art of diplomacy, and Ambassadors are diplomats if nothing else.



So, it behooves us to be open, accepting, gracious, and proactive in making meaningful contact with the world of science, economics, politics, academia, industry and all of those other discourses, as we carry forth the work of the Golden Dolphin.

Freedom lies in a Dolphin of Gold.

By Scott Taylor

History of the Golden Dolphin Legend from Master Puddah – Seth

In 2011 I worked closely with Master Puddah, who I did not yet know was an aspect of the ancient Soul of Seth. Master Puddah described the Mission to me clearly. She said we were to travel for the first time to the Big Island of Hawaii, and on March 3 go to the edge of the Volcano known as Kilauea and hold Ceremony. I was told that I was to assist in birthing the Egg of Lemuria that was buried deep in Hollow Earth under the volcano. I contacted Grandma Chandra and Judith K. Moore, and both agreed that we were to accept this Mission to Birth the New Golden Lemuria. The first Expand Your Consciousness Hawaii Retreat was born, and 33 people came from various parts of the world to join us in our Mission.

Somehow, even though this was my first big retreat, I felt comfortable with my part as I am a Seer, and I knew that our group has great Love for Lemuria and Mother Gaia. I knew that with the help of Kahuna Kalei from the Big Island and the power of our group, we would be able to bring up the ancient Egg.

However, over many conversations with Master Puddah I knew there was more, and I was uncomfortable in the unknowing of what our part would be. Master Puddah shared very little with me about this special Mission, but she did tell me that we would be messengers for the Golden Dolphin to speak.

After the Volcano ceremony our group was gathered by the rocks at the caldera and it was time for the Channel to be revealed. I remember that Judith Moore stood behind



me to ground me and Master Puddah (Seth) began to speak through me. He told the story of a different Universe a long time ago. The Whales lived there on a planet and walked upright as humanoid Beings. They had almost destroyed their planet with technology, and their planet was going into an ice age. The

Golden Dolphin – Avatar, came to them and told them to have faith and courage and prepare to leave their planet. The Golden Dolphin was their “Christ Child” and brought hope, and the energy of a new way to live in harmony with nature and each other. The Golden Dolphin told the Whales, “to pack up, prepare to leave the planet and follow me to a New World.” Some of the Whales heeded the messenger and did follow the Golden Dolphin through space. They went through the Andromeda stargate and arrived on the planet Sirius B. They started again, using the wisdom and knowledge they had gleaned and became Master Geneticists in our galaxy.

Now years later, after the energies of 2012, we revisit the Legend of the Golden Dolphin. Seth asks, “Can you see the Golden Dolphin in yourself?” Seth further shares that it is about BEING the CHANGE we want to see in our world.

Let each of us embrace our inner “Golden Dolphin” and be fully present within the collective field of Love we are co-creating together. Can we each participate in our unique way, holding freedom for each of us and peace in our hearts and in our actions. Let us each use our Life Force to join with all others today to go within to hold peace in our own hearts.

When we are that “Golden Dolphin”, we become an ambassador among humanity. We then allow our love to ripple out into our communities and into our world, knowing that together joined in love, we do make a difference.

I encourage you to visualize Being that Golden Dolphin in your life every day. Then visualize, what does your world of peace look like? See it. Feel it. Know it is real, because you declare it so. I know we would all wish for a world filled with goodness for all people everywhere. A world where everyone would just love. A world that would be laced with forgiveness and filled to the rim with hope for a shiny future, blue skies and clean oceans. It would be a place filled with happy endings to every story, with true love, miracles, laughter and undiluted joy.

And most importantly, know you ARE creating this world of peace and harmony, just like the Dolphins do and have already done. Know you are joining with many others, world-wide that share your vision of freedom, support and unconditional love for all life.

Be Love in every aspect of your lives Dear Ones!
I AM the Golden Dolphin. I AM Seth

Living in the Heart

“Love yourself beyond anyone or anything else. Love yourself so much that you can’t do anything that doesn’t make you love yourself more.” Dee Wallace



PLANETARY PURIFICATION MESSAGE

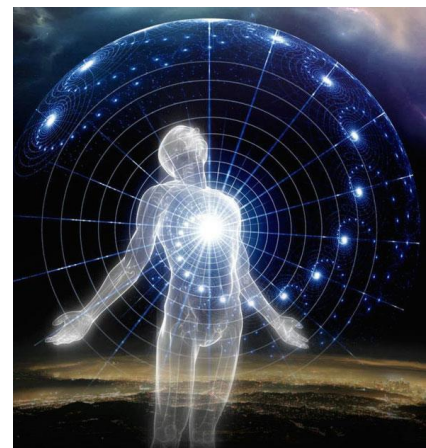
from the Pleiadian Council of Light

Dear human children of the Light. You are now in the presence of a purification of your planet. For some, it is challenging to understand what you are witnessing and will witness. Do not try to comprehend what is at hand from the human mind, as the changes we speak of are those of the heart and are inevitable.

Many major energetic changes are happening and approaching in relationship to beautiful Gaia. The old ways must fall away that are not in alignment with truth and integrity. New thought processes are appearing that are originating from your hearts bringing a new alignment of heart codes that will align each of you with your truth and the ultimate truth of the new Earth.

The destruction of the old is inevitable and must be embraced. Resistance to the necessary changes will only prolong the challenges, as all that is not of the Light must be exposed, destroyed and transmuted.

The Truth will be known as you awaken to your true Creatorship. Each of you are magnificent Beings, capable of creating worlds and realities beyond your current state of consciousness. We ask you now to allow your awakening to quicken and come into your world without fear, embracing your own heart codes. This is personal, and this is planetary. Each must find their way now as they walk through the challenges, holding the Light, knowing inside that you are your own best healer. You are your own best teacher. As you allow your heart to open, you will KNOW what is best for you and where you are to be, and even what is best for you to do. This is the time you have waited for and you are one of the Ones the



world has been waiting for. Do not discount your own personal power now as it rises with the Earth herself.

You are in one of the most powerful portals of purification your planet has experienced. Embrace the PURIFICATION PROCESS that is well underway and will result in changes in every single person's life. It is up to you as to how you react or remain neutral during the movement of the energies of change.



As the portals on your planet open, the energy will rise to a central point in the middle of the earth. The axis wobble will be changed a few degrees, and many events of nature will occur. A massive cleansing process by Gaia and the Elementals is already taking place. During this process many ancient portal systems within the earth will activate and significantly release the knowledge that has lain dormant for eons. Be prepared to hear your scientists say they have found proof regarding what your Star brothers and sisters have been sharing for many years. More and more you will hear reports of the new findings within your scientific community that will support these messages.

The energy that is erupting up into the world now is coming from your own GAIA. What you are experiencing with this wave is a major pruning, sweeping of your earth, energetically, physically and mentally. It involves the cleansing of deep karma that must be released before Gaia can fully make her transition into the Light.

Please understand that the changes that are impacting your planet are the changes that have been set into motion many years ago. This is necessary to move your world closer to truth and unification.

This is going to allow more and more of you to begin to awaken to your true magnificent selves, awaken to your hearts, and to remember the true reason that you are all now here. You are here now to awaken to your creativity, to awaken to your individuality, and to the ONENESS of all of creation.

Think of yourself as a piece of the puzzle of life. The puzzle will not be complete until each piece is put into its perfect and right place. Each piece is a part of the whole, separate and unique, but yet united in the part that they play as their own piece of the "All that is." When each piece is united, the whole will flow in color, harmony, musical tones and direction; and then love, light and understanding will flow among you.

That is not to say that you must give anything up. There is sense of self that is now available for you to claim, while knowing you are completely loved and supported as a part of the whole. You came to Earth to be a unique and sovereign Being, but you also came to put your piece into the puzzle and share your love and special gifts. Now is truly the time to be bold and confident as you focus your energy on claiming your own truth, and the many gifts that are a part of you.

Now more than ever is the time for each of you to accept the different vibrational frequencies of each other, embracing your differences through forgiveness and acceptance of yourself and each other. This unison will lead you to make new choices outside of war and poverty. Here you will find freedom from lack and dis-ease.

Once you are in tune with your own selves, you will find alignment with your own creative force. Your activated hearts will be the place you want to live and create your lives from. Then the puzzle we speak of will create unity among you and earth, and the humans upon her can finally join the Interplanetary Federation of Light. We are always with you, but today we speak out and ask you to begin to be the stewards of your own vibration. Vibration is everything and you are the creator of yours. Hear our call dear ones, hear our message of love and empowerment.

You are to look within and forgive yourselves and everyone around you. Use this great power of love that is given and cleanse yourself and your homes with the violet flame. Be the change you want to see in the world and stop trying to change everyone else. The changes you seek must occur and live within YOU!

And now to the message from Gaia. Did you know that you are one that has asked to be alive on Earth right now to activate the grids, to work with the portal systems and to be called to active duty during this time of Ascension?

Care for yourselves well and nurture your physical bodies. Be prepared to listen to the sounds and messages that are coming to you. Allow yourself to feel the physical changes that are occurring, because your physical body is under tremendous change. Today is not like yesterday and you are to become the stewards of your changing vehicles.

So today, as we are gathered as a force of Light, understand that these changes we speak of are suggested to help you in your preparation. Humans you are called to duty. You are called to use your power and consciousness to raise your personal vibration and to offer it to your Earth Mother to assist her in her cleansing and Ascension. You

will be called into duty many times, each time to activate the changing grid systems and to put your light and love into the waters. In doing so, you are a way shower for the other humans who are just now awakening to their true-life purpose.

Choose beloved Ones, to be a part of the process of understanding and becoming an activated messenger of Light. As you do so you will move more easily between the dimensions and gain an understanding of what it means to be a multidimensional Being of Love. We love you. We are with you. We serve Earth and humanity through the vibration of love. Please know that each of you is dearly loved.

We are Representatives of the Pleiadian High Council of Light.

Channeled by Laurie Reyon

Dolphins and Star Children

The Dolphins teach us that during this time of great transition, many new arrivals of Star Beings are arriving in the next few waves as “Star Children.” These new children have been called the Rainbow or Crystal children. They are pure Souls, very innocent to the workings of a polarized planet in duality. Many of them are arriving with their memories intact. They will not need to go to School to learn the basics. They will simply download math, science, physics, language and so much more. The Dolphins are asking that we as adults recognize them and encourage them on their path. They will need assistance to fully embrace their gifts and grow up to be adults that can maintain their purity and peaceful ways. They will not fight, as their DNA is more fully calibrated to the New Earth than most others. They are the way showers and are to be nurtured and taken to places of nature. They will need quiet alone time to communicate with their Guides and Angels.



One of the most important things we can do is to get them together with other Star Children, regardless of their ages. They will recognize each other and encourage each other to step up to use their gifts. They already have a high degree of consciousness within them and are ready to embrace their empowerment.

The Dolphins are issuing a challenge to the adults. We must bring these Souls to the Dolphins, so that they can interact. The Dolphins will further activate their mastery and further calibrate their DNA. We are also to find ways to assist them in their creative expression through helping create camps, new school programs, classes, books and

magazines. Everyone can help nurture these advanced Souls and welcome them to earth.

Note: I have helped to create a non-profit corporation (CA 501C3) where the donated funds go to give free seats to children and teens to go out on a boat and see wild and free dolphins. We can always use your help. Thank you.



See DolphinsLoveKids.org for more information.

Laurie Reyon

Meet Your Dolphin Guides

Many years ago, the Pleiadians shared with me that the Dolphins were not just in the water in the ocean. They told me that they could come to me in the etheric as Guides and continue to assist me when I was not seeing them in the ocean. They told me that there are enough Dolphin Beings here on Earth now for everyone on the planet to have 3 Dolphin Guides. At that time I was seeing the same Dolphins in front of my beach house in Baja Mexico almost every day, and really wanted to have more of that energy and fun in my life.

One day I came into my room in the home I was living in part time in Chula Vista. It was twilight and there were three beautiful upright Dolphins standing in my room. They were silvery and prismatic and about 8-10 ft tall. I stood there in awe taking it all in, and then I freaked for a moment and jumped. They disappeared. I immediately was sad and called out to them to come back. It took some time, for the next time they appeared, but I was ready and not afraid. I began to look forward to seeing them and then to talking with them. They showed me that they could also show themselves me in the swimming pool, as they moved through the water, spinning and creating moving water currents. To this day I take people out to my pool to see the etheric moving and playing dolphins. Everyone is amazed when they see them, and it is just one more way I can tell people about the dolphins and show them how to bring them into our lives.





Let's Meet Your 3 Dolphin Guides!

Today we enter our Sacred Heart Space and lovingly summon our three Dolphin Guides to come to us! Attune to your inner child. Visualize yourself with them now and open to discovery and the creative passion they can assist you with. See yourself swimming and splashing with them and know they will come to you, because they Love You!

As you begin to interact, let them tickle your curiosity. Everyone wants more fun in their lives and more play time. Raise your Fun Factor together and open a dialogue when you are ready. Who are they? What are their names? Trust the intuitive information they share with you as it comes in. It might feel like you are making it up. But move into faith and trust and KNOW you are connecting with your Dolphin Guides!

Ask them to help you with the Whale and Dolphin Energy Light Medicine School. Ask them to help you with your channeling abilities and with your ability to become proficient in the processes you are learning. They are wonderful Aides and will be with you when you work on your clients. FUN!

Take a few moments to write down what your 3 Dolphin Guides are sharing with you. Enjoy the experience! It can only grow and enhance your Love for each other. The Dolphins say, ***“Radiant Blessings Dear One! We bring you great Joy and more Love! We are your Dolphin Guides!”***

Our Interconnection

A human being is a part of the whole, called by us “Universe,” a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest, a kind of optical delusion of his consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty. No one person is able to achieve this completely, but the striving for such achievement is in itself a part of the liberation and a foundation for inner security.

—Albert Einstein

Being Authentic

“Find the courage to speak your truth to those closest to you. This type of truth speaking, and self-revealing is, in our opinion, is critical for your successful transition through the current and on-going period of global destabilization.”

I asked them what they meant by this, and they said, “Authentic spiritual evolution and freedom depend upon the two pillars of speaking your truth to others and revealing yourself in ways that open internal pathways (within you) and outer pathways (in those around you) for change to occur. If you keep your light hidden from yourself and others, the world will not be liberated by your innate luminosity. At the same time, if you repress and keep your distress and negative responses to what is happening around you, hidden from yourself and others (by perpetuating self-forgetting and distraction) you will create a shadow realm that will preclude and eclipse any true spiritual light that might emanate from your Being.

Channeled from the Hathors by Tom Kenyan

Initiation is the result of a gradual expansion of consciousness, a process in which successive stages of unification take place. This involves relinquishing of all separative reactions in a series of progressive renunciations.

Initiation is also life’s greatest teacher in learning self-mastery over the human personality and its emoting attachment to sensory perception and the false systems of belief.

Initiation helps us to remember our origins from the stars, and that we come from another timeline of no time, of eternal light. We do not have to strive to evolve. We are already evolved. We are pure and Holy by our own true natures.

It is to remember that we are a part of a Cosmic casts of characters playing out our chosen roles in a grandiose play. Our script s to completely eradicate a karmic timeline so that no residue of negativity remains. We are preparing for the birth of a new star and its Avatar Race.

SETH SPEAKS with Laurie Reyon

LIFE CYCLES ON EARTH – Perception or Belief verses Truth

Seth explains that the Earth has experienced four major life cycles that are relevant to our discussion today. On the planet within the free will zone, there are people who are rigid, those that resist change, and end up being faced with challenges due to their rigidity and often times difficult karma is created. They have not discovered that they are the Creators of their own fears and that they alone hold the keys to the solution energy. They believe that fear is external, and change is difficult.



The other option that humanity experiences when they awaken to a heart centered existence and tap into the truth of who they are, is that of a becoming a Being who is loving and chooses to share resources. From this paradigm the human experiences questions like: How did we get here? What are we doing here on earth? And how can we create things that are sustainable for future generations? So, there is purpose now in discussing Earth myths versus Universal truths:

Myth 1: The Universe is a machine. In order to survive in this Universe, you must compete with others for materials and resources. The world is polarized, and everyone is against each other. Life is difficult, and you must work hard to exist. The machine is impersonal and unloving.

Truth: The mechanics of our Universe are Celestial. Everything and everyone in our universe is a part of the oneness that connects us to our origins. Everything is connected, and love is the vibration of creation. We exist in this dimension to experience polarity and free will choice. Experiencing polarity offers each being an opportunity to choose love as opposed to be given it. In making this choice to be loving in thought, word, and deed, we unify the polarity within us and remember that we are inherently loving benevolent Beings. We are here to share everything and there is no need to compete for anything. The Universe is benevolent with an intelligent Source behind all of Creation. All of your needs and wants are given with grace when you utilize the Law of attraction effectively. Vibration is the key to conscious creation and consciousness changes physics.

Myth 2: Genes control your biology. You are pre-destined to get sick and fail. There are predators and you are a victim. In this paradigm everyone needs a rescue team as they are dissatisfied with their creations. People feel worthless and unable to fulfill their hearts desire. There is not enough energy to go around. It is necessary to have pharmaceutical drugs to assist us with our health symptoms and challenges. It is common to go to a doctor and expect a solution or healing. It is accepted to take drugs to soften the symptoms of your illness and your imbalances. People do not know they are the creators of their own lives. They do not know how to examine the root causes within themselves that cause their disease or emotional imbalance. They take drugs as opposed to taking responsibility for healing the actual causes for problems and health issues.

Truth: Your genes are blueprints only. You can rewrite the genetic expression of your life through your own consciousness and change your DNA by the way you live your life. You control your genetics through your Life choices of food, environment and emotional well Being. Only you determine the state of your genes. Science is labeled this phenomenal truth as Epi-Genetics. Science is proving that your genes are a mirror for how you live your life. Science has now proven that there are 38,000 possible outcomes for each gene.

Myth 3: Evolution is random. This perception of evolution has two parts. Part one is referring to the belief that your cells randomly mutate, and the way your body reproduces itself through cell division is random, as opposed to organized. As an example, this myth implies that you can simply manifest cancer and have nothing to do with it. The manifestation of disease or imbalance is random, and you just have to take your chances. Part two is referring to that which is known as natural selection. The belief says only the strong survive and is referred to as “survival of the fittest” as the current way of life.”

Truth: Your body is an organized and benevolent community of 30 trillion cells. They are self-organizing, self-healing, and are aware of themselves and their Life force. They understand how to work together in harmony to create well-being and health. Each cell is an extension of consciousness and responds directly to the vibration of happiness, joy, harmony, and peace. Evolution is NOT random. The Universe is organized at the sub atomic level. The Universe is designed to be completely sustainable and functional through cycles that evolve in consciousness and expansion. The Universe and all life is designed to adapt and change, grow and expand with an ever-changing environment. A solution to every challenge is naturally programmed into the life cycle of every Being. Evolution is consciousness in motion

Myth 4: There will always being a winner and a loser. We are destined to fight for everything. The world is polarized there is a positive and negative side to everything. Everyone cannot win and be successful, because there are not enough resources to go around.

Truth: Our evolution is based on how our species choose to cooperate. The power of our evolution is reflected in how we create our own communities and how we live together in harmony and integrity. Our life force and well-being is directly connected to nature, and to the planet herself, We can heal and balance ourselves and our relationships when we make a conscious choice to connect to nature and all that is naturally provided for us. Nature and Source are the same, and we are not separate from them.

4 Stages to KNOW GOD through Human Evolution

1. You are Separate from Source.

There is no God. You are separate from everyone and you are alone. Atheism is an example. There is only one life and you randomly arrived as a human. There is no after life. This is it.

2. GOD in a BOX

There is a God or Creator. That Being or consciousness is to be worshipped. God is all powerful and you are not. You must bow down, pray and worship as a humble, meek and unworthy small Being, asking for intention, intervention and help with manifestation.

3. You are a Co-Creator with God.

You discover your Divine power and worthiness and partner with God and the Universal Law of Attraction. You communicate with God/Creator/Spirit and view your life as a partnership with the Divine.

4. You become a Self-Realized piece of God.

You know you ARE God and the Creator is a part of you. You activate your natural Gifts and use them in accordance with Love. Examples: Ascension, Bi-Location, Spontaneous Healing and Morphing your Form.

“Everything that does not rise into consciousness, comes back as destiny.”

Seth

The Shamanic Way – Cure Vs Heal

The Dolphins and Whales have the largest brains on the planet and are the most ancient beings on Earth. The dolphins tell us they have been here for about 30 million years. The whales tell us they have been here over 300 million years.

About 200,000 years ago, which equals eight cycles of 26,000 years, a decision was made in the higher realms and dimensions to genetically re-seed the humans on Earth. The people that existed at that time were living in a linear time frame in 3D with no real way to evolve back into 5D. During the fall in consciousness on the planet, the human DNA had been stripped to just two active strands. The people were in a very dense environment using what is known as the reptile brain to function. They were immersed in duality with the vibration of fight or flight. It was a violent time for humanity and Prime Creator chose to intervene.

Following the star seed intervention, the indigenous people of our planet and the ones that subsequently chose to incarnate, entered into a timeframe when the human brain was given the capacity to develop differently. For the sake of conversation, we will call this new brain and potential, the mammalian brain.

The frontal lobe was given the capacity to develop. The third eye or pineal gland was activated in a way that it could grow and connect directly to the heart, which in turn could then connect to the right side of the brain. The indigenous people began to evolve again and started recording Earth's history in a different way. People became philosophers and wisdom keepers. They began to understand that the Earth herself is alive and that we are all connected to nature as we are to that which we call Source. Humanity developed Universal ethics into their teachings and parenting and embraced the concept of infinity. Humanity now had the potential to move beyond the mind into a true spirit connection. The ability to step outside of linear space and time and speak to spirit for God was developed. The native tribes began to develop what we now refer to as Shamanism. They developed a true Spirit connection with the unseen Spirit world and with their ancestors who had passed on. They developed their ability to heal

themselves and others through these connections. The rituals and rites in many tribes were passed on through the generations to create what we now call the creation of the Homo Luminous Light Body. The indigenous have known and used these methods for thousands of years and our western world has moved away from these truths. Today we remind you that we have always had the power to heal ourselves and evolve in our wisdom when we stay connected to the Earth herself. The shaman knows that the keys to the human life are within the Earth first and then with the elements of the earth and the animal kingdom. The Shaman knows that the animals are the greater body of healers and teachers in form and stay connected to their vibration and teachings. Only when we are truly grounded in this teaching and practice can we enter the higher realms and continue to grow spiritually.



We bring this message to you today as each of you are innately Shamans that are emerging into the fullness of these memories and ways.

During our time together, we are going to explore the Ancient Sacred Technologies of the human Shaman. Our focus will be on our own DNA and how we can assist others in their development as well.

We now explore CURE verses HEAL.

The Animal Teacher and the human Shaman explain that the word cure implies that you treat the symptoms of the malady, hoping to eliminate them. Cure is associated with our western medicine practices and use of pharmaceutical drugs.

On the opposite end of the spectrum, the word Healing means that we recognize that we have disconnected ourselves from the Earth. We have used the power of our emotional body, which is the creative source of manifestation, to move ourselves out of harmony and alignment with our own Divine spirit. When true healing is requested there must be a a sense of responsibility for your own emotions and the desire to use forgiveness and atonement to re-align yourself with your Divine blueprint.

The body naturally corrects itself when it is in connection to nature. It naturally aligns and heals. When nature is taken from the equation, the body will fall into mis-alignment and disease and pain can enter. The symptoms are your body calling you to attention, but the body is always asking for a true spirit connection to be made, so true healing can occur.

Our question to each of you, is are you a Caretaker of the Earth? Do you use the organizing principles of the Earth to connect yourself to your “Sacredness.” I speak of the four directions and the Elements. Do you use the power of your connection to

nature and to the earth to connect to that which we call Heaven or your Soul? The eternal part of your which is your Soul is very interested in what the human form is doing. When they can align, the magic of human life can really begin.

In order to create Heaven on Earth we must first honor the Earth and your part here on this planet being your temporary home. MC Puddah always says the SOUL is navigating your life. Think of your body as a really nice car. Don't you want to keep the car looking nice and in perfect working order when the Soul wants to go for a drive or take a trip? If your immortal, eternal magnificent Soul cannot connect to its human form in an effective way, the role you came here to play becomes ineffective.



So, we are about to explore a myriad of ways to calibrate our DNA and work with our homo luminous Light Body. Today we fall back in love with ourselves as we honor our human selves as vehicles of Light. We are the caretakers of this Garden we call Gaia. Today, we activate and welcome our inner Shaman and the processes we have been given to connect Heaven to Earth.

I AM Seth

Living in the Heart

“Love yourself beyond anyone or anything else. Love yourself so much that you can’t do anything that doesn’t allow you to love yourself more.”

Dee Wallace

LAW OF ATTRACTION

Mantra, **“WHAT I THINK AND WHAT I FEEL I BRING INTO FORM”**

It is very powerful when you can begin to remember the Universal Laws of Creation.

Law of Attraction is one of them, and it allows you to begin to take back your power and become a true Conscious Creator.

LAW OF REFLECTION

Mantra from Huna: ***IKE* (ee-kay) – “THE WORLD IS WHAT YOU THINK IT IS”**

Today we wish to share that which we call, the **Law of Reflection**. This Law states that what we put out, is what we get back. It also says that your Higher Self uses your current perceptions and beliefs to create your reality. The practices and teachings of

Hawaiian Huna support this teaching and they also use this phrase from Huna:
MAKIA (mah-kee-ah) – “ENERGY FLOWS WHERE ATTENTION GOES”

All of your records, of all of your lives are actually stored in the energetic field of that which you contain in your physical form right now. You as a human, are holographic in nature, which means what happens to one aspect of you, happens to all aspects of you. I have spoken of this many times. You are literally Light, projected onto the medium or the matrix of Earth. Many people call this the matrix, or the Web or the Grid. This now moment is the point of projection, on which you perceive yourself, that which you currently physically exist within.

As you continue to do the Whale Healing and Dolphin DNA work, you make changes to the matrix. If you choose to change any one of your lifetimes, the change shows up in the energetic field or records of the other lifetimes, and it shows up in your energetic field right here right now today. Let us make this clear. As you make changes in the now moment, the change will move through the timelines, through the energetic field of all of the YOUS and all of your other lifetimes.

This is why it is so important to access these methods of healing and share them with humanity. The changes and shifts are so powerful that they move across timelines and lifetimes.

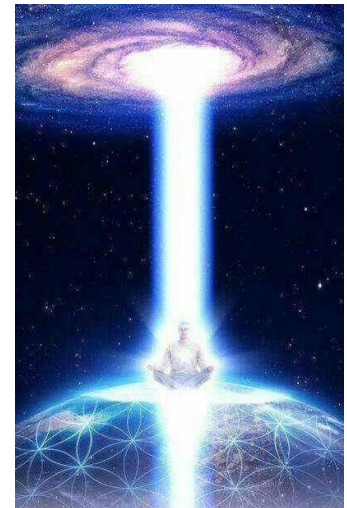
Kryon Channel – A New Timeline

Kryon recently gave some important information. In April 2018 Kryon stated that we have moved off of the timeline that we have been on for centuries. If you don't follow physics, or haven't read Gregg Braden's book "Fractal Time," this may mean nothing to you. So, to simplify it, it means that we are no longer in a "repeating cycle" of an old energy system. Instead, we have stepped off of that old cycle into a fresh new one.

For futurists, psychics, mediums and readers, it means that predicting the future won't be as it has been in the past. Many attributes that allow these predictions are embedded into the "old track" of time – the one we just left! This creates many predictions that don't happen, even from those who are good at it. It also creates a fresh new future for many who have felt "stuck" or victims of the old energy. Look around you. Are things changing radically? Indeed! Your choice is to fear it all or celebrate a time where there simply is no precedent that might define who you are.

These are the times Kryon spoke of 29 years ago - LET'S GO FOR IT!
Blessings to us all!

Lee Carroll – Kryon Channel



Communication with Your Clients:

- 1. Am I showing and telling myself every day how much I love myself?**
- 2. Do I recognize myself as the Creator of my own Experience?**
- 3. Do I know that I AM are a very powerful Co-Creator of this world?**
- 4. Am I living in the present each day, letting go of the past and not putting too much energy into the future? Am I present here now?**
- 5. Do I know that I AM an aspect of the Divine Creator, God, Goddess of all that is.**

The Dolphins teach us that when the above five things are in harmony, we move into a continuously flowing circle of energy that is balanced. This is often known as “The Circle of Life”. When the Circle of Life is flowing, it is expanding, and we become a part of the expansion of Creation.

Also note, that if any part of the items that are not met each day, we are NOT Living in Our Hearts, and we are out of the balance and harmony of life. We then STOP the FLOW of creating that which we desire.

CLIENT SUGGESTIONS:

Listen to Entering Your Sacred Heart Meditation

As you practice meditations and techniques that guide you into your Sacred Heart, you will note that a vibrational increase will occur each time. Eventually it will be easy to enter your Sacred Heart and perhaps your heart will a permanent place for your consciousness to reside. This opportunity will release the need for your brain or mind to try to be the controlling organ or force in your life.



When you begin to consciously live within your heart, you will find that you no longer are participating in duality. You will live within the center of your being and you will release polarity. You will begin to live in a pure vibration that transcends right or wrong, or judgment. Your thoughts and feelings will emanate from the sacred place of the heart and you will create and manifest very quickly in third dimensional reality

Our suggestions are to practice moving back and forth from the brain to the heart every day feeling the difference in vibration, and then practice moving from the sacred place of your heart into the inner sanctum of your heart. We suggest you consciously navigate from time to time back into the pineal-3rd eye, and then drop down or arc your consciousness back into your heart. Begin to sense and know when you are in your heart, and then begin tracking how much time each day are you living and creating from your Sacred Heart. Whatever you are dreaming in your Sacred Heart space becomes your reality.

Laurie Reyon

Interrelationships of the Six Heart Virtues



Access your Mastery by asking yourself from the Sacred place of your Heart,

What are my special and unique gifts in this life?

Who am I? Where am I from, and what am I here to do?

What have I chosen to do in this lifetime to create joy for myself?

What can I choose in this lifetime that brings joy and harmony for others?

How can I assist in creating Unity consciousness in my own family?

How can I assist in creating Unity consciousness in my community?

How can I contribute in creating a peaceful world in which to live?

How can I demonstrate what it is to be peaceful and balanced as a Global citizen?

4 Evolutionary Principles

The Dolphins ask us to remember and implement four Evolutionary Principles of Cosmic Law that apply to all Beings:

- 1. Embrace the human purpose, therefore examining your true-life purpose, and why you chose to incarnate in the evolutionary spiral at this time.**
- 2. At the core of every Being, all have Divine essence which is goodness and love.**
- 3. Free Will is an absolute and Universal right on this planet.**
- 4. All of natural life and its existence is Sacred.**

DNA CALIBRATION

New discoveries including DNA evidence suggest that evolution as we know it, cannot account for the way we appeared on earth, or our extraordinary capacities such as deep intuition, compassion, empathy, and self-healing—the very abilities that hold the key to healing ourselves and our world. When the evidence no longer supports the story, it is time for a new story.



The Dolphins are the Epigeneticists of our world. Only a very few people know this truth and have reached a level of consciousness where they can communicate telepathically with the amazing race of Ascended Beings, we call the Dolphins. It is our intention to expand this group of people through the teaching and practices of the Whale & Dolphin Energy Light Medicine School.

The Dolphins have shared that they have always been available to heal humans that give permission to receive their healing frequencies. Only recently has humanity reached a place in the expansion of our consciousness to tap into the true potentials the Dolphins have to offer the humans. We are in the infancy this study and understanding of the amazing abilities the super sentient Dolphins carry for us.

However, there are hundreds of stories and case studies of people who sought to make a personal connection with wild and free dolphins. When you review the data, it is almost like they intuitively knew they needed to get to the Dolphins for their healing to begin. There are many stories that involve many people who were critically ill, disabled, paralyzed and those that suffered from a terminal disease. Time and time again, the Dolphins made contact either in the water, or with the people on boats and healed them.

We even have documentation of a woman who was in a wheel chair that went to write a story to debunk the benefit of Dolphins in human care. She was offered the opportunity

to get into the water with the captive Dolphins and their trainer. She walked out of the pool on that day and now walks with a cane.

The Dolphins continue to amaze us and bring us their advanced healing frequencies. Dolphins have a special ability we call sonar, where they are able to scan us with sound waves they send out through ecolocation, and receive back a detailed image of your internal organs, far greater than what our medical machines can produce through current testing.

They access our Akashic Records, which is the recorded journey of our Soul through every lifetime, through the water molecules. They also use their power to alter the molecular structure of the fluid in our body, thereby finding out how they can assist us in returning to optimum health.

The Dolphins also have an amazing ability to use color as a healing modality within the adjustments they make for us. The Dolphins can create all color spectrums of rainbow light through their skin. The ocean's saline water and the sunlight are catalysts for the Dolphins to create this healing rainbow light.

John Lilly Quote

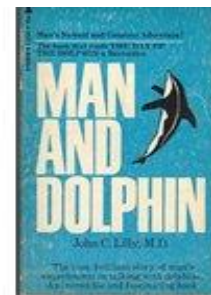
“The largest brains on the planet are in the ocean. Communication with the Whales and the Dolphins is the greatest achievement the human race can aspire to.”

Dr. John Lilly, an American physician, neuroscientist, writer, philosopher and a **dolphin** researcher, popularized the notion that **dolphins** were intelligent. He later claimed that **dolphins** were even **smarter** than **humans**.

“You see, what I found after twelve years of work with dolphins is that the limits are not in them, the limits are in us. So, I had to go away and find out, who am I? What’s this all about?”

Dr John Lilly

What is intelligence? How do you measure it? For us, we tend to only accept intelligence displayed on the same evolutionary wavelength as our own – think little blue men with lasers and spaceships. We think of intelligence as the harnessing of technology, and the ability to think abstractly about striving to achieve growth and progress. Perhaps it is this that has made it easy for humans to reject the concept of intelligence in other species. But what if a species didn't need technology to thrive; rather, what if that “technology” was in-built within that species?

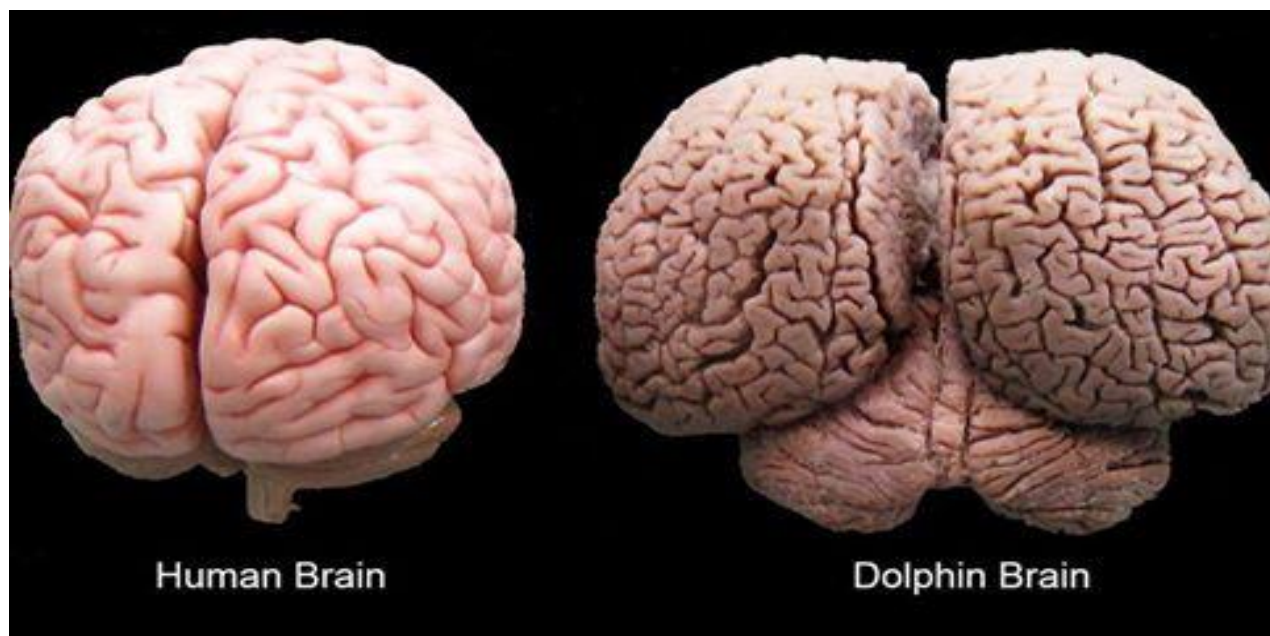


To help us get to grips with this idea of other intelligent species, let's take a look at the brains of one of the potentially smartest groups of animals on our planet, cetaceans.

This unique evolution of the cetacean's entire limbic system, which is a combination of multiple structures in the brain that deal with emotions and the formation of memories,

suggests that cetaceans have the ability to process more complex thoughts and emotions than humans. Since the system is so large in cetaceans, and the unique paralimbic lobe merges with the cortex, it is believed that the lobe may create a mixture of both emotional and cognitive thinking.

The paralimbic lobe is also believed to be a continuation of the sensory and motor areas found in the supralimbic lobe in human brains. For humans, projection areas are widely separated from one another, meaning anything we perceive from sight, sound and impulses must travel along fibre tracts with a great loss of time and information. The cetacean's paralimbic lobe brings this all together in one, processing information rapidly with a richness that we cannot understand. For example, there are strong possibilities that cetaceans can project an auditory image that replicates a sonar message that they may receive. So, a dolphin wishing to convey an image of a fish to another dolphin can literally send the image of the fish to the other animal – it's similar to a *Star Wars* hologram, or sending an image via Facebook Messenger.

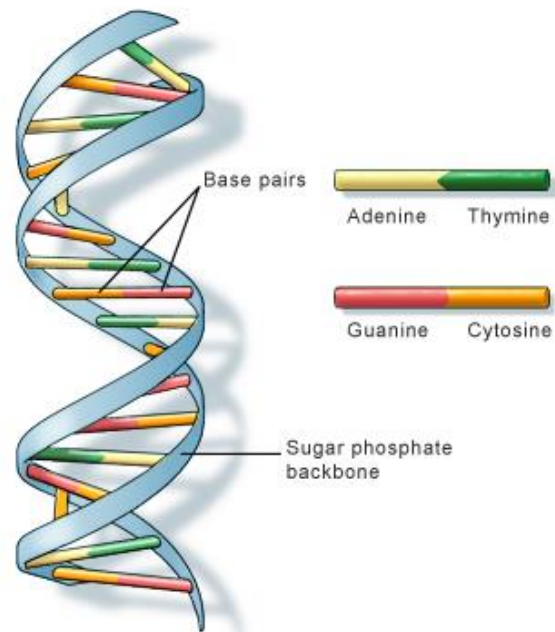


What is DNA?

The definition is deoxyribonucleic acid, a self-replicating material present in nearly all living organisms as the main constituent of chromosomes. It is the carrier of genetic information.

From the Library of Medicine: DNA, or deoxyribonucleic acid, is the hereditary material in humans and almost all other organisms. Nearly every cell in a person's body has the same DNA. Most DNA is located in the cell nucleus, but a small amount of DNA can also be found in the mitochondria.

The information in DNA is stored as a code made up of four chemical bases: adenine (A), guanine (G), cytosine (C), and thymine (T). Human DNA consists of about 3 billion bases, and more than 99 percent of those bases are the same in all people. The order, or sequence, of these bases determines the information available for building and maintaining an organism, similar to the way in which letters of the alphabet appear in a certain order to form words and sentences.



U.S. National Library of Medicine

DNA bases pair up with each other, A with T and C with G, to form units called base pairs. Each base is also attached to a sugar molecule and a phosphate molecule. Together, a base, sugar, and phosphate are called a nucleotide. Nucleotides are arranged in two long strands that form a spiral called a double helix. The structure of the double helix is somewhat like a ladder, with the base pairs forming the ladder's rungs and the sugar and phosphate molecules forming the vertical sidepieces of the ladder.

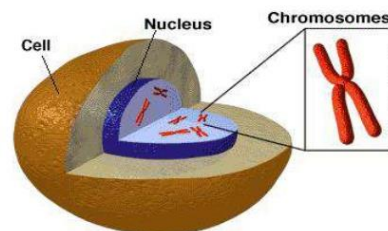
An important property of DNA is that it can replicate, or make copies of itself. Each strand of DNA in the double helix can serve as a pattern for duplicating the sequence of bases. This is critical when cells divide because each new cell needs to have an exact copy of the DNA present in the old cell.

What is a Chromosome?

In the nucleus of each cell, the DNA molecule is packaged into thread-like structures called chromosomes. Each chromosome is made up of DNA tightly coiled many times around proteins called histones that support its structure. The chromosomes carry the genetic information in the form of Genes.

What is a Chromosome?

- is a structure that occurs within cells and that contains the cell's genetic material.



the enzyme **telomerase**, which helps prevent the shortening of the telomeres. **Telomerase** thus acts as an anti-aging enzyme.

The enzyme **telomerase** is found to be very active in tumors, and reproductive cells that cause telomeres to lengthen. Telomerase facilitates cell division and may account for the immortality of cancer cells.

The OLD Scientific View of DNA said, “The fundamental and distinctive characteristics or qualities of someone or something, especially when regarded as unchangeable.”

EPIGENETICS with Laurie Reyon & Seth

The OLD VIEW of DNA said that our genes predetermine and control our physiologic and behavioral traits. We were taught that our DNA is genetically predisposed when we are born.

The Science of Epigenetics has proven that our perceptions of the environment, including our consciousness, actively control our genes. Epigenetics is applied consciousness in motion, where nothing is pre-determined and by shaping your own biology, you become the master of your own life.



The old Science dissected organisms into cells, and cells into molecules to study them independently. The accepted model was we are separate and there is competition to survive and sustain yourself as an individual.

New discoveries including DNA evidence suggest that evolution as we know it, cannot account for the way we appeared on earth, or our extraordinary capacities such as deep intuition, compassion, empathy and self-healing—the very abilities that hold the key to healing ourselves and our world. When the evidence no longer supports the story, it is time for a new story.

Epigenetics with James Lovelock

“Further, there is a new paradigm emerging and it is being scientifically proven. The hypothesis of scientist James Lovelock states; “The Earth and the Biosphere represent a single living, breathing entity known as Gaia. Our careless disregard for Nature – Gaia, and our insistence that we are here to dominate and control this planet, has led us to injure and damage the very environment that gives us life. Gaian Physiology courses are suggested and designed to reacquaint us with our connection to the planet, and to our ancient role as caretakers of the garden we call Gaia.”

Epigenetics with Jennifer McLean

“Epigenetics is proving that billions of people are part of our field of consciousness, which can either be of great value or deplete us. So, when we attach ourselves to stories and events by establishing beliefs around them, we actually change the trajectory of what's truly possible for us—physically, mentally, emotionally and spiritually.

Similarly, if we judge someone, something, or ourselves, that means there is something inside of us creating that judgment. But we can actually diffuse judgmental mentality through self-awareness and the re-patterning our thoughts and subsequent reactions and responses.

When we do this, we achieve balance and harmony, which not only settles us into neutrality and non-judgment for all, but changes our body's bio-chemistry and actually nourishes our cells and organ

Did you know that we each transmit and receive energy which either promotes or compromises our physical, mental, emotional and spiritual states?

A perfect example of this is your local news program. Everything inside and outside of us mirrors each other. We are each made of systematic energies, particles, electrons, neutrons; therefore, whether we are aware of it or not, everyone and everything is interconnected.”

The Scientific Community is beginning to understand Epigenetics, and the news of what has been Scientifically proven is now moving around the world. Many studies are being done now disproving the earlier scientific models where we were taught we were destined to always be bound to our genetic inheritance. Only recently have we been able to prove the opposite.

There are New Revelations on how to Supercharge our Genes being shared!

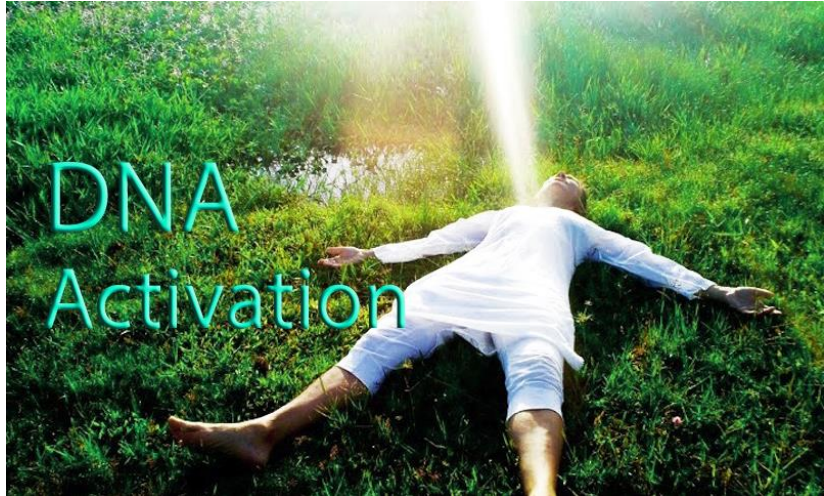
Top Scientists & Healers Share how to Radically Improve Your Health, Increase Energy, and Quicken Your Metabolism with Expert Insight

- Say goodbye to dis-ease, aches and pain by turning ON your “Healing” genes and turning OFF your “Sick” genes.
- Restore your health, re-energize your body, and speed up your metabolism with simple changes to your environment, what you eat, and how you move.
- Activate youthfulness at the cellular level and begin truly loving every aspect of the life you are living.



Dolphins and DNA

The Dolphins have shared with me that they are the designated KEEPERS of the human DNA template system. They receive infusions of DNA activations through the earth's ocean systems from Creator. It is their given task to process this information internally



and calibrate the actual DNA that is perfect and right for each person. They also hold the energy of LOVE and JOY for actual locations on the planet that are experiencing war and chaos. They work to create frequencies that are infused into these areas on the planet with templates of peace, harmony and healing. The DOLPHIN MATRIX supports DNA re-encodements for people and places through the energy code systems they use. THE DOLPHIN FAMILY OF LIGHT has created a TEMPLATE for the HUMAN DNA and uses it to monitor the overall template for the pure HOLIGRAPHIC POSSIBILITY equation for Humanity and Earth.

If you choose to connect with the planetary DOLPHIN family, you can receive these attunements directly from the dolphin group consciousness.

THE DOLPHINS ARE THE MASTERS OF DNA RECALIBRATION AND ARE ABLE TO SHIFT OLD ENERGIES VERY QUICKLY WITH THEIR HEALING FREQUENCIES. THEY ALSO WORK IN A FREQUENCY OF JOY AND PLAYFULNESS THAT IS PERFECTLY SUITED TO THE ENERGY OF ASCENSION AND THE "NEW EARTH." BELOVED HUMANS, PLEASE LISTEN TO YOUR HEARTS AS THE ENERGIES ACCELERATE DURING 2012 AND BEYOND. CALL UPON THE DOLPHIN ENERGIES AS THEY ARE THE CHOSEN EMISSARIES OF LIGHT. THEIR COMMUNICATIONS WILL BE OF VALUABLE ASSISTANCE IN HELPING YOU TO ALIGN WITH THE CRYSTALLINE GRID SYSTEM, YOUR PERSONAL DNA UPGRADES AND THE DOLPHIN MATRIX SYSTEMS THAT ARE ASSISTING IN CREATING THE "CENTER" FOR THE "NEW EARTH."

ALSO KNOW THAT THE DOLPHIN MATRIX OF ENERGY IS ASSISTING WITH THE CLEANSING AND BLANCING OF THE EARTH'S OCEANS.

"CURRENTLY, many scientific experts are saying that DNA plays a powerful role in newly discovered communications between dolphins and humans. On ongoing study at the Sirius Institute in Hawaii has revealed that dolphins and whales receive and transmit sound signals capable of affecting the genetic double helix. Using natural

biotechnology, dolphins can actually heal humans swimming near them “sono-genetically.”

Many years of multi-disciplinary study at the Sirius Institute has indicated that the



expression of DNA traditionally considered the blueprint of life can be changed by the sound and electromagnetic fields generated by Dolphins.

New research shows that our DNA is activated by waves and particles of energized sound and light that literally switch genes on or off.

Likewise, genetic inheritance is energetically transmitted bio acoustically and electromagnetically through special water molecules that form the electro genetic matrix of DNA. These hydroelectric structures are shaped like pyramids, hexagons and pentagons and they direct healing processes.”

This amazing phenomenon explains how remarkable healings have been reported by people in our boats near the dolphins and by swimmers following dolphin contact.

The cetaceans have had complex languages for millions of years and they have the largest brains on the planet. Visitations by dolphins and whales have demonstrated a history of friendship and cooperation and even partnership with humans.

The dolphins and whales have shown us that they are the ancient and wise super-sentient Beings on this planet. They are living examples for we humans, showing us how to live in peace and in harmony with our planet. We encourage you to connect with the dolphins and the whales each and every day, energetically, telepathically and in the physical oceans whenever you can. They are the living ultimate expression of how we humans can begin to live in our hearts within the POD MIND, which is demonstrated by living for the good of the many, not the one.

Laurie Reyon & Master Cat Puddah and the Cetacean Councils of Light

LaurieReyon.com

Published in the Kryon Book “The Gaia Effect.” This message is now a You Tube.

FROM ME TO WE – A Dolphin Message

This is a *highly* auspicious time for transformation and creation. You have two choices now with all situations. You can choose confusion, or you can choose to be inspired. Which do you choose?



This is a time of sharing powers, of transforming each other, of giving help to each other, and continuously sharing the support that is available. In truth, it is time for you to put the vibration and well-being of YOU first. It is time to love yourself so much that your vibration each day, becomes your primary focus. Ask yourself honestly....

Where is my vibration? Am I in my heart today? Am I in touch with solution energy for any challenges that reveal themselves? Do I feel empowered to create today? Do I know for sure that I can balance the energy in my body, find center, and then attune to my natural gifts? When you rise up in your vibration, through intention and self-nurturing, it becomes so much easier to claim your magical and powerful gifts.

When you feel love of self and love of life, you can know that you are in your heart by choice. It is then possible to connect that magical heart energy to your 3rd eye or Pineal gland. At this point you are centered and running balanced energy, and you can make conscious contact with your Soul or Higher Self.

We suggest you ground yourself first and enter your heart. Now connect the prana upwards to the 3rd eye and open the crown chakra to connect to the Sun or Source energy. Open to really feel and hear your Guides now and know you can receive their communications and answers to any question that you have. If you ask from this place, you will always receive answers and loving support. Also know you are supported in reaching and sustaining this vibration. It is perhaps the most important thing you can do

for yourself at this time. It is vital for our collective evolution that we each love ourselves enough each day, that we become connected to Spirit and the higher realms. When we do this we can receive healing, wisdom and inspiration every day. It is time for everyone to claim their Divine gifts and truly feel the evolutionary energies evolve within you.

From this place we are no longer confused about where to go or what to do. Solution energy is flowing through us and we are INSPIRED and guided.

So our message so far has been Self Care 101 to help you reach the vibration we speak of where you can move to the next level. There is Service to Self in any moment, and there is Service to the Group or the Collective as well. Both are important, and both make up the circle of life. But many of you have only connected thus far with Service to Self. It is time to really use this vibration as a powerful foundation that paves the way in the circle of life. With each person empowered and enlightened, it is the most natural thing in the world to expand your consciousness to think about everyone as a part of your world. We are all connected through vibration and the path of ME. We lovingly suggest that you allow the ME to quite naturally lead you to the path of WE.

In choosing this vibration of the WE, you will find yourself in Service to the greater good and the collective consciousness.

The most important thing I can share with you right now is to recognize is that every single one of you is going through this together. Even those that are still un-awakened are shifting too. All of your bodies are all shifting together. Everyone is transforming and shifting all of the time, together. I can tell you that no one is hurting each other on purpose at this time. If someone is hurting another, it is because they are out of synch with the energies that are accelerating right now. They are trying to figure out what to do with their powers. That is the influence that is felt in everyone's bodies. No one is outside of this. We are all transforming in connection with each other. That is important to recognize.

Now, look at the power you are shifting into. Look at the energy structures you carry right now. Look at how hard it is to push things around right now, or make things happen. Only when you surrender can you manifest. The old way, or hard work or due diligence is gone. Look at the difference inside of your heart. Look at what is going on



inside of your body these days. You have increasingly changed, and it is supportive. You are being given power that was previously dormant in your body. I tell you it is much easier than you think, or than it looks, when you get in touch with this power within you. It is easier than it looks. You have so much support right now. I ask you to tune into that support and experience how easy it is to tune into your "team." I tell you this is true transformation, in an accelerated fashion, and it is happening in everyone's bodies. That is the program that is occurring at this time. We are all transforming this earth together, and no one is outside of this picture. Know that when you make plans to create magnificence, then that vibrational transformation occurs for everyone. Thank the Gods for this enlightened support. And notice the shifts in everyone's bodies. And notice the transformation that you are creating inside of yourself."

Let's talk about some of the events that are making this possible. You are in the aftermath huge and powerful astronomical events, including Eclipse's and solar storms, unlike what you have experienced before. These energies I speak of have given your atmosphere a super charge. The solar rays continue to bring the gift of magnification to whatever you are thinking, believing and feeling. It is so important to be clear and focused right now. It's time to do some spiritual gardening ... release the old and let the Sun shine in!!!

Eclipses are particularly important events. They can mark major turning points beyond which life will never be the same. They can bring unexpected shifts that fast forward our personal evolution. They can assist you in speaking your truth, as truth is always better told openly than kept hidden. Be careful what you say, and pay attention to what you hear, as thoughts and words are very powerful in the way they can manifest in your lives right now. This is not a good time to issue ultimatums or make decisions we might not be happy to see long term effects of, as the results could be irreversible.

May you emerge strengthened and renewed ... clearer and with a deeper understanding of the magnificent being you are, and how you can best serve the WE at this time of the Great Change.

In this time of change, take note that new people are guided into your life in a synchronistic way. This is the time we are magnetized to each other, and the Soul tribes are coming back together to create exciting and unique things together. This is also the time to be courageous and end old and unhappy relationships that we have outgrown. You can tell when the karma is complete, and when it is time to move forward with new people and purpose. Relationships formed and cultivated in this new energy are to help each of you become stronger and more supported. They should allow more consciousness in your lives and be fully supported in joy and freedom to be your true self.

Remember that through all of the energy and the changes, we are each being called to become bridges between the old consciousness and the new consciousness. We are the rainbow bridges, as we agreed to come to this beautiful planet to connect Heaven to Earth. Let us bring hope, light, and beauty. Let us venture into new horizons never experienced before. This is the time to dream the reality we want to see in this World into Being. The Sun's powerful energy is assisting us in creating for humanity all the magic we can envision.



Be Love in every aspect of your lives Dear Ones!
We are the Dolphins and we LOVE YOU so much!
By Laurie Reyon

The Hidden Youth Template

For a very long time, science has wondered if the body retains the original blueprint (when you were conceived) that creates a Human Being from a tiny embryo. Could it actually be, that this blueprint still exists within us? Kryon says it does, and that science will find it soon. He even labelled it in a previous channeling "The Genesis Cell."

However, can we use this "Youth Template" now? Is this too odd to be true? Why should it still exist? Isn't the body done with it? Kryon asks: When you build something really exceptional, do you throw away the blueprints? Even if it's only built once, do you toss the plans that made it?

The answer is no. There are really good reasons to keep the blueprint of original Human development. Part of this is exactly what this channel speaks of: We need it to repair and rejuvenate the New Human in a new energy.

~ KRYON, through Lee Carroll

Ascension Codes

Now is the time to receive the Ascension Codes from the Source of all Light. Connect your consciousness to the tones of Creation from the ancient Whales and Dolphins who sing the songs of creation. They are activating the planetary DNA and will continue to assist you in creating Your Light Body.

Judith K. Moore - RecordsOfCreation.com

Message from Joan Ocean

The Dolphins are the Masters of frequency. They know how to send specific sounds to stun certain fish, to navigate in the water, to locate and to talk to each other, to identify coral reefs, to recognize people they have met preciously, to create holographic images ad geometric glyphs, to assist each, and so much more. They live in a world of frequencies and it their primary means of communication, navigation, sensory perception and protection.

When we meet the Dolphins and often the Pilot Whales, we experience the power of the Group Mind, acoustic imagery, healing, dolphin bubble art, telepathy, time travel and the joy of accepting ourselves as multi-dimensional Beings. We access paths of illumination when our Light bodies resonate in harmony with theirs. This is the gift of the Dolphins for humanity.

Joining together in an ocean of love, we remember our connection to each other and all life. A gentle bonding occurs as we swim as a Pod. We share life experiences with the Dolphins, communicate with the Celestials, and feel supported by the beauty of Nature. Inspiration and new directions become clear. Great changes occur in subtle and magnificent ways.

Dolphins and Healing

The Dolphins are one of the only species that shows advanced intelligence and an ability to rapidly evolve. Over the years, many humans have observed an innate gentleness from the Dolphins.



Much study is being done, outside of the Whale & Dolphin Energy Light Medicine School, that continues to prove that Dolphins have a mysterious power to trigger the healing process in humans.

Amanda Green, a marine biologist, is studying the therapeutic field that Dolphins generate. She believes that their sonar, or echolocation, plays a part in this process.



There is evidence that dolphins trigger the healing process in humans by boosting the production of T-cells and endorphins. After patient and dolphin interactions, scientists have measured a far greater harmony between the left and right sides of the brain.” He informs that dolphins produce an intense amount of echolocation energy, which resonates in the bones, such as the skull and the sternum, and then travels up the spine.

Further evidence shows that a dolphin’s sonar causes a phenomenon called cavitation inside the soft body tissue of the human body. It precipitates a ripping apart of the molecules.” So, if sonar does that with cellular membranes, it could completely change the biomolecular structure. Similarly, many hospitals use a lithotripsy machine that uses low frequency sound waves to break up kidney stones and gall stones. The physics of that machine are not different from a dolphin’s sonar.

When you encounter a wild dolphin in open waters, something breaks open the conditioned seals of your heart. The Dolphins pull you into their energy field and offer you a feeling of acceptance and unconditional love. This leads to a profound inner peace that reaches out to embrace the Universe. In scientific terms, this is known as Biophillicia. It is the transformative power that links you to nature, and, going by recent research, Dolphins could be the most powerful carriers of this emotion.

Laurie Reyon and excerpts from Amanda Green



Our Quantum Connection to the Whales and Dolphins

Have you ever asked yourself why humanity has such an affinity for the Dolphins and the Whales? They open the hearts of everyone who connect with them. When you look at a picture of a Dolphin, do you find yourself smiling? Did you know that over 80 countries all over the world have created laws to protect the Cetaceans? Even countries that have no physical oceans on their borders have joined the global population offering protection to our friends in the sea. The collective consciousness of humanity wants to protect the Whales and Dolphins and keep them safe.

The truth is, the human cellular structure and your DNA knows that the Whales and Dolphins represent a significant and special part of the Earth. The Whales and Dolphins are living portions of the Grid system. They are actual living embodiments of the library containing the history of Earth's evolution. The actual Akashic Records systems are stored within the consciousness of the Whales. The Whales can access your personal Soul's information or Akashic records, as they are the living molecular librarians for Earth.

Thousands of people have reported that they have had life changing experiences after a whale and dolphin boat trip, or a swim with dolphins. The reason we are so changed by their energy is that our cellular information is aligned and upgraded in their presence. This is because the Dolphins have recalibrated your DNA, and you have had a consciousness shift in their presence.

Human DNA is also a part of the Grid system for Gaia. The evolution of the human species is reflected in your DNA. The Whales and Dolphins access this information as stewards for Gaia and the Earth. They sing to coordinate energies that are within the Crystalline grid system, and they can change your vibration and essence when you connect. So, there is an intuitive part of every human that knows the importance of the Cetaceans on our planet. That part of you knows that the Dolphins and the Whales can

NOT be eliminated without changing the life-force balance of the Earth, and therefore YOU.

So, when you request a personal alignment when you tap into the inner part of you that speaks loudly of your connection to the Dolphins and Whales. You are connected to them, and they to you, and we are all connected to Gaia herself. Our energies are intertwined from the moment of Creation and our emergence into physical form.

The Dolphins teach us that our human DNA is like a radio receiver for sounds. The Dolphins and Whales easily access the DNA and the codes within you through sound and intention. We predict that there will come a day when the human will sing and intuitively project the correct sounds to the Cetaceans of the Earth. The Dolphins and Whales will see it as structured language that they have been expecting. They will respond back to us and great alignments, healing and breakthroughs will occur for the humans.

This information shared is intuitive. We are approaching the time when this quantum energy will come forward through our quantum intellect. We have already discovered that there are only two types of DNA on the planet that is structured for quantum intellect. The Human Being and the Cetacean.

*Laurie Reyon & and the
Cetacean Councils of Light*



Kryon Prediction

The Dolphins and the Whales easily access the codes within you and your DNA through sound and intention. We predict that there will come a day when the human will sing and intuitively project the correct sounds to the cetaceans of the Earth. The Dolphins and Whales will see it as structured language that they have been expecting. They will respond back to us and great alignments, healing and breakthroughs will occur for the humans. This information is intuitive, as we are approaching the time when this quantum energy will come forward through our quantum intellect. *Kryon*

The Aquarian Language Systems Activate the Whale Dolphin Codes in the DNA in the Language of Limitless Love

I open to the Aquarian Masters of Light. All is readied now. The time is at hand. The great cosmic clocks calibrate the equations of light for the manifestation of new dimensions of consciousness in the Earth realm. The 1 and the 13 is the essential formula of the Melchizedek Code which, from the solid geometric forms of the 12, the 13 is the Unified Principle.

The Earth Grid is ready now, as each of the Aquarian Doorways of Light has opened, coming together in the 13, like a serpent biting its tail, completing the Earth grid points on a cosmic clock. You might call this the 13th hour. Now, all is readied for the outpouring of light from the cosmos through the Aquarian Doors of Light that is the Aquarian Light. The Aquarian Light has a Dimension of Light that carries the vibration from the Living Hologram of Earth, unknown in human history because it is expansive, it rejuvenates itself. You may call it the Light of Infinity. Prepare now to celebrate this new Dimension of Light.

The Whales and Dolphins gather in pods and send messages of love to you in your human pod wherever you are. This prepares the DNA to open in the crystal realm to a new Dimension of Light Languages that bring forth the highest ideals and the purest principles of Light and Love known in the human experience.

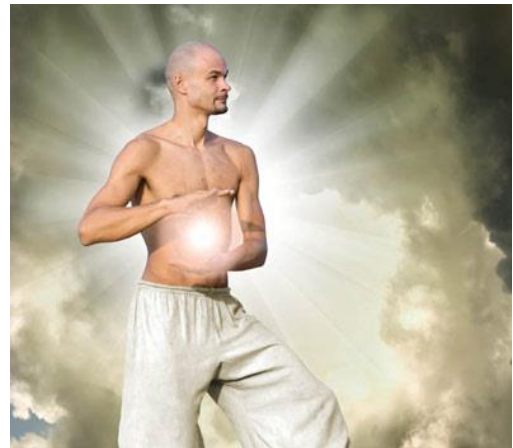


You are the ones who have prepared the Way and have been initiated. Each time you think of a whale, that is because a whale has called you. Each time you think loving thoughts of the dolphins, it is because of a pod of dolphins somewhere feels your vibration and responds to the harmony of your light. This is an expression of love. Humans must learn to be sensitive to each other in their vibration and their frequencies. You will learn to respond when you feel the energy of another soul with loving vibration.

Multitudes of cetaceans have come onto the planet. Each dolphin is focused, communicating from their high intelligence in their language system to their consciousness of your God-self, the Codes of Light that create the new language systems for the Aquarian Age. Language systems are ways to express love that manifest and co-create through dimensions of consciousness that are not merely words, but libraries of wisdom.

Have you ever sat with a very wise old Grandma as she speaks gently, but she doesn't say everything? She speaks simply, but you feel so much love that it's truly a magical experience. That is because she is speaking in a loving Dimension of Light in the Language of Love. And in the human experience, bitter words have no substance, but the Language of Love is the harmony of wisdom. When you were young, someone may have said to you, "say what you mean and mean what you say." How much of humanity has lost the capacity to communicate their actual feelings? How many people are able to explain their principles, or to speak their truth in a way that inspires the liberation of light?

There are those who have come to you as messengers. When they speak, they inspire the multitudes to know the higher meaning, the ideology of being human. These messengers bring a promise of liberation and a hope for a better world. Now the opportunity opens for multitudes of humans to receive the Codes of Light from the Dolphin Languages and the waves of vibration from the Whales of Creation, that all of humanity may know the joy of conscious communication and be able to truly manifest from their heart to the language systems of the Aquarian Age.



These language systems are dialects in every single language on the planet. There is only one language - it is the Aquarian Language of Love. It is spoken from the heart. You need not be a linguist to understand it. You can sit with another human that speaks a foreign language and feel it, feel it and know, know that you are One.

Truly, in the nature of Creation, these language systems are tones of light. The Aquarian language systems that are referred to in this message are building blocks for the Aquarian hologram. The materials have been prepared through the opening of the Aquarian Doors of Light, and now, now these light structures must be organized into sacred geometries that are sound harmonic principles in the consciousness of love.

It is these beloved ones, these Masters, who have come upon the Earth and have been born of dolphin and whale pods. The new whale babies and the new dolphins incarnate from a place of pure love. All whales and dolphins are loving beings, but these Masters have come upon the Earth with special capacities to communicate Light Principles of Creation to you from their pod to you to your heart. Open, open in these days of light and simply affirm, "I am ready to experience a new dimension of love that is limitless. How beautiful the world is as I look upon it with love."

Join us. We are here sending out a promise that is already fulfilled, for by Creation's

plan, it is time. All is ready. Open your heart. The Aquarian Ray has come upon the planet now, opening up new dimensions in your DNA that communicate this limitless love in capacities to experience Creation as newborn souls with the wisdom of all that your soul has experienced.



This message is communicated through the Omni Mind of Wisdom of the Universe joyously to the heart and the soul of Gaia herself and the Living Body of the New Earth. Be as you are, Children of Light, vessels of limitless love. And know the Age of Grace appears on the horizon and celebrate it with the sunrise of these Aquarian days. Be blessed and go forth and prosper, that the Nations shall be fed with this love, and rise, and rise to celebrate the time of the coming of the Great Age of Aquarius.

I encourage each of you to look up the wisdom of the Master Cat Puddah through Laurie Reyon. Know that we are a pod, and that our hearts will beat in rhythm with yours as we are all over the globe, because we are a Community of Light preparing the way for these exciting times. Welcome, welcome and blessed be.

The Aquarian Masters of Light through Judith K Moore
www.recordsofcreation.com

Perception, Belief and Awareness

Gregg Braden teaches us that we are still living in a 3D world that primarily believes that conflict, chaos and disease are a product of our genes. Our economy, education and healthcare are still functioning with the old view of competition, or “survival of the fittest” as the way of life. However, we now know that self esteem and empowerment can only integrate when we are no longer led down an old path that does not work.

Greg predicts that everyone on the planet is now or will soon face a crisis in their body. The impending “crisis” we each face will allow us the opportunity to have an accelerated awakening, and hopefully make new and positive choices. This is a reflection of the karma we have accumulated during past times, that simply can not go into the new world. The mechanism of awakening we each are experiencing is the key to contemporary mysticism.

We must return to nature and to the Indigenous ways of living in harmony with our planet. “This is the wisdom of choice, not chance.” We must remove the feeling of isolation and separation. Epigenetics is proving that DNA is our road map, not the product of our evolution. We now know we can write our own road maps to the future!

Activating Your DNA

Let us move into Sacred Space, connecting to our Higher Selves, energizing our connection to our Master Guides, and surrendering our energy now to the Master healers on the planet, the Whales and Dolphins. We turn our attention first to Master Seth as a Channel for programming your energy and activating your dormant DNA. Taking in a deep breath, there has never been a more important or powerful time to choose to immerse ourselves in change. The planet is changing, and we are changing. I will start by telling you that the old world of duality and linear existence is changing very rapidly. In our recent past the planet has been protected by an electromagnetic grid that postures our duality and even our gravity. As vibrations rise and the Earth takes on a higher vibration, humans are asked to shift with the planet. The crystalline grid is now in place and is a mirror for the vibration of humanity, as we morph from a water based being gently into a crystalline being. The crystalline grid around the planet is based on compassion and love and supports the shifts and changes we are making. Over 35% of the old electromagnetic grid has dematerialized and will continue to degrade. It is appropriate that we are released from a linear and polarized world, very gently, into one that supports love and true emotion. Love is the emotion in its myriad forms that we want to integrate and live within. As we observe these changes and acknowledge the potentials, we are witnessing a merging of dimensions and timelines. These changes move Earth into a trajectory of energy that catalyzes the highest potential for humanity. This creates a monumental potential for each individual human and the collective to connect to their Souls. This connection offers an opportunity for amazing transformation. It is time to propel yourself, through your intention, into this time I speak of with great initiations and great potential. For those who choose, you can now access a higher potential for yourself. It can propel you now into a timeline that supports you in your dreams and your ability to manifest them. This means you can access a morphogenetic field of energy that supports your highest preferences in a way that was not possible before.



Our intention behind this message is to alert you that this is the perfect time to do a deep clearing of your mind, of your body, and even your Spirit, choosing to release that which does not serve you and forgive all that was created in your life that was created outside of love. In truth, there is no more time to wait and ride out the toxic energy in your life that was created through negative choices. We have all said and done things that we are not proud of in hindsight, but never has there been a more important time to use the power and gifts that are given to forgive yourself and all others. In choosing to let go, you can clear all of your four bodies and restore yourself with Divine Light. It's time to examine that which is blocking you with clarity and compassion. 'Are you ready to release all that is limiting you and all that no longer serves you?' This is an important piece in claiming a higher vibration that aligns with the planet's shifts. There is a part of

each human that is complacent and very challenged with change. That is the part we are asking you to be willing to be with now so that it can be brought to the surface and you can choose again.

Think about something you want to change within yourself, think about something that you desire that would benefit you that you do not yet have. Now think about literally walking around an obstacle that is blocking you from having what you want as opposed to trying to climb over it. The current energy on our planet supports you and the positive changes you want to make. In other words, your Soul, which is the eternal part of you, that is never fully embodied here on Earth, wants to guide you and support you in your physical body. However, here in Earth there is the gift of free will, where the physical part of you makes the decisions that allow change to happen.

I am here to remind you that all of this is a personal choice, and when you look at it in the mirror, it is the choice of true Self Love. I ask you now, are you willing to self-actualize your personal intentions and abilities in this way? Are you ready to make decisions that move you into higher preferences in this lifetime?

In essence we are asking you to remember that all life is part of a genetic code, so if you want real change in your body and in your life, you have to give permission for your DNA to shift to access your greater potentials.

Science has validated that there are 2 visible strands of DNA that are coded with the letters A, G, C, and T. These codes repeat 3.1 billion times in every single cell of your body. You have approximately 75 trillion cells so that is a lot of code. If you were to type out this code it would go around the planet 5,000 times. I share this, you so you can appreciate the unique body that you inhabit with its amazing complexities and potentials.



I also tell you that in truth, there are 12 strands of DNA in your body much of which science has no instrumentation or consciousness yet to discover and embrace. Within each strand of DNA are 12 sub strands all coded for your greatest good. Within each sub strand of DNA there are telomeres. The telomeres are tuned vibrationally to you, to your choices, to your environment. They are the determining force for healing and how your body ages. When you choose emotions that are happy and grateful your telomeres naturally extend, and you age well. Science has even proven that the telomeres extend naturally in a human that is in service to others. Human DNA studies have also shown that when the human stops participating in some type of service, and is generally not happy in their lives, the telomeres naturally stop extending and dividing and the person ages.

Out of these truths, the science of Epigenetics was born, and it has now been proven that we are not predisposed to our parent's or family's DNA. Free-will choice, environment and the creation of living a happy and healthy life is the key to longevity, happiness, and your human DNA awakening. The vibration of choosing joy and happiness and fun are the true keys that you want to use. Where is your Fun Factor today?

In our work we seek the truth from higher consciousness, outside of the linear 3D world, to understand the 12-stranded DNA human. In our work we have observed that there are Beings right now on the planet that vibrate higher than humans. These beings we speak of do not have a human form and they are not part of the karmic wheel. They do not participate in duality, having a world of potential judgement with right and wrong. They live in a place of pure love and joy where their choices are naturally loving and healing. Their lives translate into service to the greater good, and they live in total transparency. I am speaking of a super sentient species of Dimensional Doctors that are not human. The Beings that I am describing can help you heal and align your energy very quickly.

I am describing an ancient species of mammals that we call the Dolphins. It is my intention to connect you to the dolphins in our world. The dolphins live in every ocean, and they are the ambassadors of love and healing in our world. However, in their Soul energy, they also exist in the etheric and can come to you right now energetically, in a matter of seconds. All you have to do to connect, is ask. The planetary Dolphin family is an Ascended race. They have 30 million years of experience to share with us.



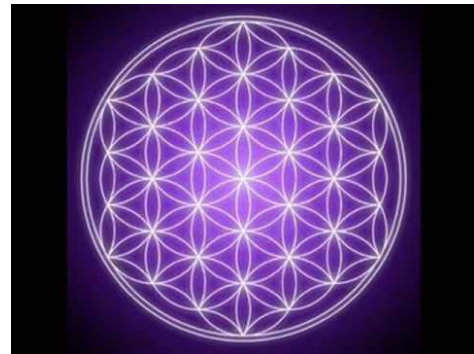
They have no karma, or anything left to learn here on earth. They simply have come to serve us. Having no other purpose, they represent where humanity is going, and also where we have come from.

I believe that humanity *is* dearly loved by God, or that which we call Source. Everything we need to support ourselves was already here when humanity first arrived on earth. The earth is completely supported through the nature and animal kingdoms. This includes the Dolphins, who are lovingly dedicated to humanity. They can greatly assist us in multi-dimensional realms of healing, alignment and expansion.

In our true beingness, we are creatures of great love and compassion. When we turn to that higher part of ourselves, it is much easier to remember our friends who live in the stars and who now live in the oceans of planet Earth. And before we begin this process I speak of, of helping you connect and activate your DNA, let me say that it is easy to

find multiple stories of people that have been assisted and healed in the presence of Dolphins.

We are told that many years into our future, we will find that the path of Service is all that there truly is, as an expression of the highest form of Love. The Dolphins are Emissaries of Love, some 30 million years into our future. They have chosen to return to Earth with their evolved gifts, simply to be ambassadors and way showers. It is their heart felt intentions to share their gifts with us, bringing us healing and great joy!



So today we're going to connect directly to the planetary Dolphin family. Give yourself permission for this. You can receive these attunements directly from the Dolphin group consciousness. They are masters of DNA recalibration and able to shift old energies very quickly with their healing frequencies. Take a deep breath and feel into that energy. They also work in a frequency as we've said of joy and playfulness that is perfectly suited to the energy of Ascension and the New Earth.

The Dolphins say, "Beloved humans please listen to your hearts as you call upon us. We are the chosen emissaries of Light. Our communications will be of valuable assistance in helping you align with the crystalline grid system, your personal DNA upgrades, and the dolphin matrix systems that are assisting in creating the center for the New Earth."

Currently there are many experts saying the DNA plays a powerful role in our newly discovered communications between dolphins and humans. There is an ongoing study that is through the Sirius Institute in Hawaii that reveals that dolphins and whales actually receive and transmit sound signals that are capable of affecting the human genetic double helix. They use natural biotechnology that can heal you, swimming near you or even just coming to your ethnically. The word they use is 'sono-genetics'. Originally the expression of DNA was considered the blueprint of life, but it wasn't known until recently that DNA can actually be changed by the sounds and electromagnetic fields generated by Dolphins. New research shows that DNA is activated by waves and particles of energized sound and light, that literally switch your genes on or off. Likewise, your genetic inheritance is energetically transmitted via bio-acoustic and electromagnetic energy. This process works through the water molecules that form the electromagnetic matrix of DNA as we are all in our water-based bodies. These hydroelectric structures are shaped like the Plutonic solids including pyramids, hexagons, pentagons, and know that these sacred geometric forms direct the healing processes.

Remember to call in the Dolphins and ask for their assistance in creating a healthy, happy and joyful life! They need your permission to assist you.

Namaste. I AM Seth and We are the Dolphins
Channel by Laurie Reyon

12 LAYERS OF DNA - DNA SUMMARY

The Grounding Layers

Layer 1 – The Biological Layer

Layer 2 – Life Lesson Layer

Layer 3 – Ascension and Activation Layer

The Human Divine Layers

Layer 4 – Your Angelic Name

Layer 5 – Your Angelic Name – Part 2

Layer 6 – Prayer and Communication Layer

The Lemurian Layers

Layer 7 – Your Revealed Divinity

Layer 8 – Wisdom and Responsibility

Layer 9 – Healing

The God Layers

Layer 10 – Divine Belief Layer

Layer 11 – Wisdom of the Divine Feminine

Layer 12 – Almighty God



NUMEROLOGY OF THE DNA

Group 1 which is 1 2 and 3 = 6

Group 2 which is 4 5 and 6 = adds up to 15 which is a 6

Group 3 which is 7 8 and 9 = adds up to 24 which is a 6

Your DNA represents the 666. The secret of the 666 is YOU ARE GOD.

Group 4 which is 10 11 and 12 = 33. The Master number of 33 means compassion, it is a Whale Code and it means God Almighty.

Reference Kryon.com

12 LAYERS of DNA

DNA Group 1- The Grounding Layers

The grounding layers are layers one and two and three. These layers are the closest to your ability to understand DNA in your 3D existence. The subsequent layers become more multidimensional and harder to comprehend outside of the quantum state. They are all about creating a foundation for the understanding of the purpose and power of our DNA. DNA is the engine within. It is reactive and it is creative. It pushes and pulls, and like the other multidimensional energies in the Universe is aware of itself, and therefore assists you in finding the Creator within you as a human.

Layer 1 - The Biological Layer

Layer 1 is the double helix with 3 billion chemical parts working together to create a reality that simply cannot be put into a logical, linear box. Layer 1 of your DNA is the closest one to you and the messenger for all of the other strands of DNA. It resides firmly in your 3-D world that yet accesses the multidimensional layers. This is the one that our science can see. It facilitates communication with the other strands of DNA and therefore orchestrates the synchronicity between them.

Layer 2 – Your Life Lessons

Layer 2 is connected to the karma that is carried from lifetime to lifetime. Life lessons are personal but yet connected to all you do and learn in each lifetime. As a human, you set up potentials for yourself to integrate and really learn life lessons each time. Those lessons learned are stored in this layer and carried over to the next life. They become a part of your DNA and do not have to be presented in the next lifetime. Layer 2 is the Divine Blueprint of the law of duality. It represents the search for an individual's life lessons.

Layer 3 - Ascension and Activation Energy

Layer 3 never changes and cannot be changed. Instead, it is what changes the other layers in the chemistry of the body to help with spiritual awakening. It is the action later that is always listening for changes in our consciousness. It is the guiding force within the DNA that continually guides you towards the next activation, which is one step closer to Ascension.

DNA Group 2- Layers 4-5 & 6 - The Human Divine layers

Layers 4 & 5 – Your Angelic Name

These layers move into multi-dimensionality in the quantum layers of DNA. Layers four and five are linked together using the words that are the names of God in every level of communication and your Angelic name.

Layers four and five are representative of the essence of your expression in this specific life on earth. And they represent your Divinity on the planet. They link to your name on the crystal that holds your Akashic records in the cave of creation. Your name in this lifetime is linked to all of the other names you have held and to all of the names that hold the essence of that which is called God. The energy of this archived information is so large that two layers are needed to hold the information.

Layer 6 – Your Higher Self

The Higher Self is not separate or apart from the human being. It is, indeed, God in you. It is often referred to as your Soul. In human form this part of your DNA offers you a pathway, or even a vehicle to the find Divinity within yourself. Think of it as the elevator to your destination. However, it is up to you how you take the journey to becoming God during this lifetime. Each path is different, even though the destination is a given. This part of your DNA is your I Am Presence, hence the affirmation I AM that I AM.

This layer is a portal to the larger sacred part of you that you split off from when you decided to come to earth. It facilitates the very communication with God through prayer and meditation and is the layer that is the catalyst and the pipeline to the other side of the veil to communicate with that which is also known as the Holy Spirit.

DNA Group 3 - Layers 7, 8 and 9

Group 3 comprises the Lemuria Layers of DNA. They tell the story of creation and are the library of humanities journey on Earth.

Layer 7 – Lemurian Layer 1

Layer 7 of your DNA was given to us about 100,000 years ago through the union of our agreed participation with our Pleiadian brothers and sisters. It represents a

part of the star seed experiment that put the Pleiadians at the helm of being our awakened brothers and sisters. It offers the humans a Divine revelation, which is the end of innocence and the beginning of spiritual awareness.

Layer 8 – Master Akashic Record

Layer 8 of our DNA represents a major part of the Quantum portion of the double helix, and it represents the Master Akashic record of the core of the Soul. It holds the records of every lifetime that you the human have experienced. It also records the interdimensional aspects of your personal energy and how that is postured in the current lifetime through your biology. It allows you to mine your own Akash and bring forth attributes from previous lifetimes with grace.

Layer 9 – The Healing Layer

It represents the “missing part of humanities healing abilities”. Beyond the chemistry of the human immune system, is an energy within the body that knows what is wrong, and one that can alter the cellular structure at the quantum level to provide tremendous healing and stability. This energy is beyond the chemical reactions in our body that our science currently understands. It is multidimensional. You DNA can work far beyond the linear idea of what is considered possible in the world of healing. The Master St. Germain and the great whales and dolphins of Earth use this layer to offer us accelerated, and what would be perceived to be miraculous healing. The awakened humans are just now beginning to understand how to rejuvenate themselves and use this layer of DNA to heal themselves. The potential of this layer of DNA allows you to consider living in a very long and healthy life. The activation of layer 9 on Earth was first seen in the Temples of Rejuvenation in the Lemuria.

DNA Group 4 – Layers 10, 11 and 12

Group 4 are the Divine Layers of DNA, and are your interdimensional attributes that are linked to the energy of God or Source. They are not processes or memories, but are necessary as the Divinity that allows the other layers to exist.

Layer 10 – Divine Belief

Layer 10 is the first interdimensional God layer. It is the first multidimensional layer that begins the human search for their Creator. It is linked to free choice and does absolutely nothing to convince the human of anything that is spiritual, unless the human asks for it. It assists in posturing grace and understanding, allowing the human to discover their Source/God on their own.

Layer 11 - The Divine Feminine

Layer 11 represents the energy of compassion and is called the Mother layer. It is multidimensional and is everywhere at the same time. It is entangled with the other layers and therefore cannot be seen or experienced in an individual way. It offers balance to that which exists currently on the planet, as our world is still dominated by male energy. It represents compassion for all of humanity and for

all life, and therefore could be considered the most important of them all. It represents the feminine that exists in every form regardless of the gender. It is released when the choice is made to find compassion as opposed to create chaos and catastrophe.

Layer 12 - Almighty God

This layer of your DNA is the essence of the Creator itself. It represents Source energy, and it is the creative energy of the Universe. It is everywhere at the same time, it is quantum, with no beginning and no end. This energy we shall call the Creator's consciousness, is in every human who has ever lived on this planet. It is multi-dimensional, but lays dormant and unknown until the human discovers it. It is the life force of the Soul and activates the God being within you when you are ready. It is the Love of God imbued into every creation and life.

Reference Kryon.com and Seth

Human DNA

Seth explains that the 12 stranded Avatar DNA Blueprint that has been given to every human was upgraded through the seeding of humanity 4 cycles ago which is about 100,000 years ago.

The DNA Equation involves 12 layers or strands of DNA entangled into the perfect human DNA Divine Life Blueprint. Within each strand of DNA are 12 sub strands.

12 Sub-strands x 12 DNA Strands = 144. There is much associated with the number 144 in ancient texts and teachings. I tell you that it is representative of the complete Avatar DNA Blueprint within each of you. I Am Seth

COUNCIL OF THE 12 MASTER ASCENDED DOLPHINS

Here are the names of the 12 Dolphin Masters from the Ascended Council that have given to me. As you become familiar with each one and learn to recognize their energy, you will want to muscle test to determine which Master Dolphin is present at a particular client session.

As you call them in, see them standing upright in a circle around you and your client.

Cosmic Name:

SIMION	HATHA	SIGHLA
EXETOR	FRAHYA	JAHEL
PERSWALAH	ZEREGLAH	MERCOLAH
XAHVAH	CAHVAL	ELAMER

Communication and Processes for Client DNA Calibration:

Today we are going to work with Higher Consciousness and how it can work immediately in your personal lives. Think about something in your life now, that you desire to change. Think about it in a way that you know if you were able to connect to it and manifest it in your life, it would really benefit you. What do you desire?

I am here to remind you that it may not be as hard or difficult to achieve this change in your life as you think it is. After all, if it wasn't hard to change, you would do it right away. Right?

What if you could begin to understand that your Genetics are a part of your current consciousness. If you could really embrace this concept, would you then not give permission for your own DNA and genetic coding to change?

So many of us have completely given our power away, thinking that the lot we have in life is random, or even thought that it was up to others to fix us or tell us what is wrong.

The truth is that none of those old beliefs are true. Even Science is catching up a bit to what we are asking you to remember. The science of Epigenetics has now proven that the genes within our bodies respond directly to almost everything. Those things include how the genes within us monitor our vibration and respond accordingly. This includes your mood and overall health, your relationships, your food, your environment. In other words, what you believe, becomes your truth and manifests in all aspects of your life.

The science of Epigenetics has proven that when we are born we are not predisposed to our parent's or family's DNA. Free-will choice, environment and the creation of living a happy and healthy life is the key to longevity, happiness, and your human DNA awakening. The vibration of choosing joy and happiness and fun are the true keys that you want to use now to create an expanded and awakened life.

So, part of the lesson today is to remember to monitor your thought forms very carefully. If they are upbeat, joyful and positive, change can occur, and manifestation follows. If your thought forms are limiting and negative, and you feel it is too hard to make those changes you seek, then that is exactly what you create, and your body is listening.

So many of you are aware of the Law of Attraction and are using it wisely to create the life you choose, but others are not. It is well worth experimenting with and making the decision to return to living your life from your heart and not your mind. When you consciously move your energy into your heart, there is no polarity or even karma attached to your actions. This is because the heart is incapable of anything that is not loving and truthful. Within the heart are the original instructions for life and all the solution energy you will ever need.

1. We encourage everyone to explore processes and techniques to live and create your life from your heart. Here you will never have a judgement or limiting thought. True, it takes time and a continued day to day monitoring of choosing to be in your heart, but it well worth the effort.

2. We work with the Cosmic Laws and remind everyone that You are the Creator of your world. We even have a mantra to claim your power.

“What I think, and what I feel I bring into form.:

Try it you will like it and it will remind you to be responsible in thought, word and deed.

3. We actively engage in our communication with the energy and consciousness of the Great Whale and Dolphins. They are physically and energetically available to be your assistant in recalibrating your DNA. The Dolphins and the whales have specifically shared that they are here to assist us in obtaining higher consciousness. The Dolphins are highly advanced Beings with some 30 million years of experience. They completely understand the 12 strands of the human DNA and are available right now to assist us in raising our vibration.

They live completely in the Pod Mind, all connected telepathically to the greater good. They can access your personal records and scan your body. Their life translates into service to the greater good, with transparency through their vibration and their use of it. You can think of them as Dimensional Doctors of a sort. Their skill set is beyond human comprehension because they are a super sentient race far beyond where humanity is now.

My part in all of this is to tell you that just in connecting to the Dolphin community everything can change. The dolphins live in every ocean, and they are the ambassadors of love and healing in my world. However, in their Soul energy, they also exist in the etheric and can come to you right now energetically when you ask. They are Ascended Beings and have chosen to work in partnership with humanity, to assist us in healing ourselves.

They remind us that in our true Beingness, we are creatures of great love and compassion. When we turn to that higher part of ourselves, it is much easier to remember our friends who live in the stars and who now live in the oceans of planet Earth.

So today we are going to connect individually and collectively to the process of connecting to the Cetacean Family of Light. They are going to assist us in going higher, into a vibration where transformational shifts can happen very easily.

Ask and open now to connect to the Cetaceans we know as the Dolphins. Give permission now, as nothing can be done for you without your request.

Beloved humans’ they say, “please listen to your hearts as you call upon us. We are the chosen emissaries of Light. Our communications will be of valuable assistance in helping you align with the crystalline grid system, your personal DNA upgrades, and the Dolphin matrix systems that are assisting in creating the center for the New Earth.’ Today we approach you with great Joy with our natural bio technology. Allow us to approach you as connect to your DNA, which is your blueprint of Life.”

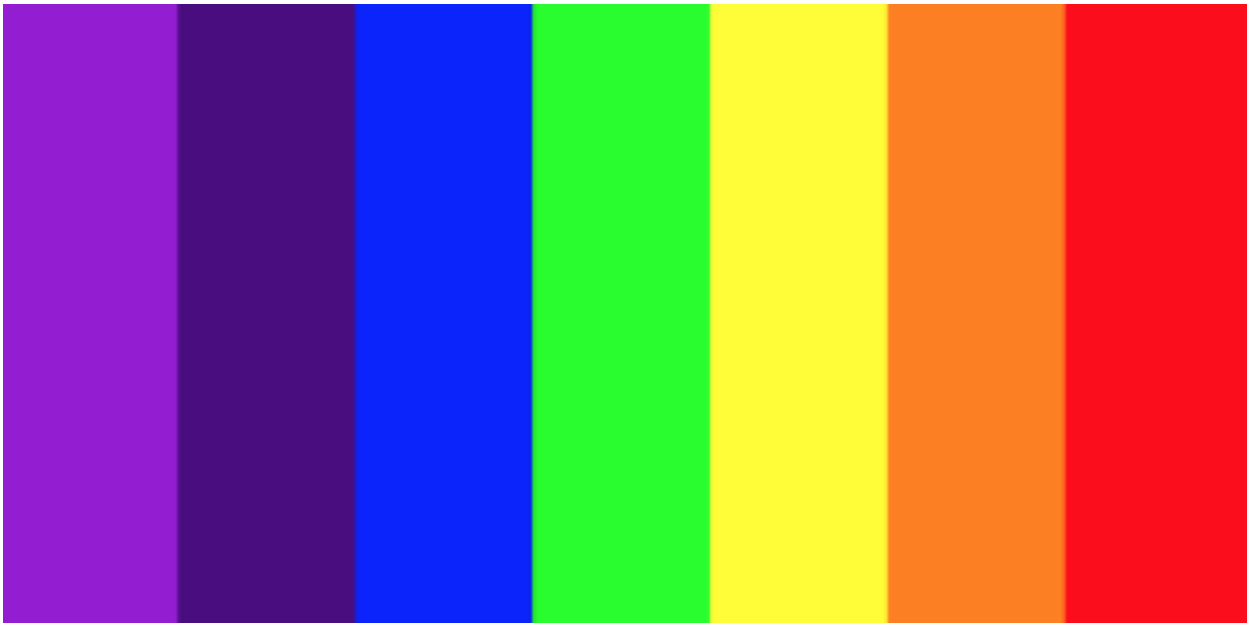
We are the Dolphins with Laurie Reyon



Dolphins are Masters of Color

The Dolphins naturally emanate rainbow Light from their bodies. They use all colors and spectrums of Light to assist us in healing and balancing our emotional and physical health maladies. My suggestion is to Muscle Test or Intuit which color or colors the Dolphins want to bring into the DNA Calibration session, prior to meeting with the Client.

DOLPHIN DNA CALIBRATION SESSION FLOW CHART



DOLPHIN DNA CALIBRATION FLOW CHART

Ask Client if they want you to record the session to send to them.

Open Sacred Space

Do a Water Blessing

Suggested Water Blessing in Cheat Sheet #1. Idea: Share Andara Blessed water with Client.

Make your Client comfortable with a warm saline Foot Bath.

Play Dolphin Sounds in the background.

(Note: Now read the paragraph that describes the particular Layer of DNA)

OPENING STATEMENT FOR CLIENT (suggested)

Open Now to Your own ENERGY RE-PROGRAMMING AND DNA ACTIVATION.
Attune to the Divine Presence and the totality of your Greater Self.

Call in your Spiritual Guidance and other Beings of Light that support you.
(Allow Client to respond)

Affirm out loud your intentions for desired change in your life.
(Client reads prepared intentions or shares from their heart.)

Allow yourself now to relax and move into a meditative state.
Breathe slowly and deeply through the nose and into the abdomen.
Keep coming back to the breath while silently affirming your Sacred intentions.

Allow the Dolphins now to assist you in Re-Programming your Perception, Beliefs and your Awareness.

The Dolphins are now bringing in the COLOR/S _____ to assist you in creating balance. Visualize the Color/s moving into and merging with your body your now.

Feel the Presence, Power, Joy and Great Love of 3 Spirit Dolphins that are circling you now.

Open to faith and knowing that the Universe is Unlimited in it's ability to send you assistance of the highest vibration.

We are the Dolphins

We now Call Forth the COUNCIL OF THE 12 MASTER ASCENDED DOLPHINS

As I call the Names of the 12 Dolphin Masters from the Ascended Councils, see them standing upright in a circle around you.

Please Welcome:

SIMION	HATHA	SIGHLA	EXETOR
FRAHYA	JAHEL	PERSWALAH	ZEREGLAH
MERCOLAH	XAHVAH	CAHVALA	ELAHMER

Practitioner Notes:

Optional: Show parts of the Power Point Presentation that applies to the appropriate Layer/s of DNA you are calibrating.

- **SEE SUGGESTED CHANNELS AND PROCESSES TO ASSIST IN CALIBRATING THE 12 LAYERS OF DNA.** (Following pages)

Suggestion: Calibrate 1 layer only per session.

Option: Follow Dolphin DNA Calibration with a White Whale Light Body Activation.

In some Sessions you will receive a personal Message from the Dolphin/s. It is appropriate to share the Master Dolphin's Name when a message is given.

CLOSING MESSAGE FROM THE ASCENDED DOLPHIN COUNCIL:

The Destiny Codes of YOUR DNA can be further activated on each journey or process, such as what you have experienced. All is designed to restore you to your Divine Pattern of Perfection, fired in DIVINE LIGHT and orchestrated by your Soul.

We applaud you for asking for greater PEACE, as you have chosen to align with your innate Divinity. You now stand in and hold a higher vibration with greater authority than ever before, as you become your Authentic Self.

May you continue to access Higher Consciousness from the Cetacean Beings who freely share it when asked.

May you continue to access your Highest Destiny, as you allow yourself to fully blossom into the glorious being you are. You are an Eternal Immortal Spiritual Being with a Divine Destiny! Know that you are Loved.

We are the Dolphins

Now proceed into a Light Body Activation with the White Whales, or a Coaching session if it is appropriate.

SUGGESTED CHANNELS AND PROCESSES TO ASSIST IN CALIBRATING THE 12 LAYERS OF DNA

Note: Read the paragraph that describes each layer of DNA to the client first, before you do a process with the Dolphins.

Layer 1 - The Biological Layer

Activate Now Layer 1 as the Tree of Life Within Me.

Take a few moments now to experience the Dolphin frequency, allowing them to move energy through your body and upgrade your DNA. Breathe deeply, allowing yourself now to attune to the frequencies of going within, knowing that the Destiny Codes that you are seeking are in your DNA, and can always be further activated on each journey or process of this type. All is designed to restore you to your Divine pattern of perfection, fired in Divine Light, orchestrated by your Soul and put in place before you were born. Today we applaud you for asking for greater peace as you have chosen to align with your innate Divinity. You now stand in a higher vibration with greater authority than ever before as you have taken 1 step closer to becoming your Authentic Self. May you continue to access higher consciousness from the Cetacean Beings who freely share it when asked. May you continue to access your highest destiny as you allow yourself to fully blossom into the glorious being that you truly are. The Dolphins remind you that you are an eternal, immortal, spiritual being having a human experience. You have a Divine destiny, and you are loved.

Feel the Tree of Life within you, as it is a symbol of your Immortality. It represents the healing of your Soul, as we are all interconnected. We are all aspects of the One Source. Source lives in all aspects of life within the symbol of the Tree of Life. It encompasses all realms of existence and binds them together. It is eternal in nature, having no beginning and no end.

Affirm: I AM an immortal, eternal Being of Light. The Tree of Life exists within me. The Tree of Life is a symbol of My Soul and how I am interconnected to All Life Everywhere.

Layer 2 – Your Life Lessons

Activate Now Layer 2 as the Divine Blueprint of Law Within Me.

We are ready to begin. Taking some deep breaths, attuning to your Divine presence, calling in the totality of your greater Self into your body. Call in your Guides and Angels as the Dolphins now enter your fields. Taking a deep breath all the way down into the solar plexus and recirculate the energy. Affirm your intention now for your desired changes, allowing yourself to go into a state of surrender, continuing to breathe deeply while affirming your sacred intentions. We are open to physical healings, and today we

bring in the energy now that will assist you in tuning to Layer 2 of Your DNA and Your Life Lessons. Much of the life lessons that you have integrated into your DNA were accomplished in previous lifetimes, and some in this lifetime. So, as we say the names of these lessons, focus on the ones you feel an emotional trigger to, the ones where you know you can still grow and expand as the Dolphins come in to help you.

As I read the Lessons of Life that are integrated into Layer 2 of your DNA, allow yourself to immediately relive a memory as you hear the words. This memory will immediately trigger an emotion that is positive or negative. Trust this memory as it surfaces and make a notation of positive or negative to it, as we proceed.

Life lessons are:

Learning to love

Learning to listen

Learning to receive

Learning to love ourselves

Learning to speak our truth

Learning how not to play the part of a victim

Learning not to let anyone else define you

Learning how to feel into your own, unique mastery

Learning how to live joyfully among other humans

Learning how to get out of blaming each other and experiencing judgement

Learn how to live outside of duality and drop your karma

Learn Self-love and how to take good care of *you*

Learn that you are worthy. You deserve to be here. You are a Divine, immortal, eternal being occupying a human experience, and you are dearly loved.

Review the emotions the Client experienced and choose one that had a negative emotional trigger to work with. Suggestions are to call in the human, living or transitioned that help create the negative memory.

Ideas: Help the Client enter a room with one person that has been in their life, that has co-created negative emotions surrounding a Life Lesson. Allow them to speak to each other, use the power of Forgiveness and Atonement. Encourage them to offer gifts to one another to clear the memory and emotional baggage.

Issues can be revealed that can easily be cleared with this process, as well as can very painful issues that are deeply embedded in their DNA. Some of these will require future session work, where the Client can come to terms with the situation from the Higher Realms. When we can revisit the origin of the pain, often it is a birth contract with another Soul, where you volunteered to play the victim and the other is the predator.

Affirm: I whole heartedly embrace and integrate my Life Lessons of Love.

I AM Love!

I AM LOVE!

I AM LOVE!

Layer 3 – Ascension and Activation Energy **Activate Now Layer 3 for Ascension & Activation**

What is Ascension?

- Personal Ascension is the unified presence of One Being.
- Ascension is to hold and embody the Highest Potential for an incarnated Being in full representation of the Soul.
- Ascension is a collective field of expanded Illumination, Intuition and acceptance within the Self.
- Ascension is a shift into a higher state of consciousness bestowed upon you by your Higher Self when you are ready.
- Ascension is Remembrance of the Origin of my Creation and to Know Who I really Am.
- Ascension is to become my Divine I AM Presence
- Ascension is to KNOW one's self as Infinite Love, Wisdom and Power.
- Ascension is merger of the Highest Vibration with my true Multi-Dimensional Divine Presence.
- Ascension is beyond faith, it is KNOWING and BEING one's self as Creator Source.

Human Ascension is change with many vibrational upgrades. Changes in our form start at the molecular level and are expressed through our atomic structure. Science can document changes now in metabolism, our neurology and even within our genes. As we move into a higher vibration more Universal life force is assimilated and sustained. Aging as we knew it is reversing, and now youthening is a conscious choice. Use the power of your conscious will and intent to SEE yourself becoming Lighter. Access the Codes of Creation within YOUR Master Cell and Divine Life Blueprint now. Ask for vibrant health and intelligence to be restored within your body. Open to the HEALER WITHIN YOU, as no one but YOU can give permission for the changes you are seeking. Ultimately the carbon-based molecule will completely transform and transfigure into a crystalline form and You will return to a Light Body form.

The Evolution of Ascension is LOVE and it is taking place within the Cosmos, our planet Earth and within your physical makeup.

Affirm: I acknowledge that this Dolphin DNA Activation is a powerful catalyst. This is a timely acceleration and Soul advancement that is assisting me in my Ascension process. I accept this gift to claim my empowered Illumined Self. And So It Is.

Layer 4 & 5 – Your Angelic Name

Activate Now Layers 4 and 5 as The Light & Power within me & Core Crystal Energy.

Please begin by taking some nice deep BREATHS. Grounded yourself now by dropping our light, your focus, and your consciousness into the earth. Connect now to Mother Earth, and offer her your love and gratitude. Allow yourself now to surrender the mind and the analytical process. Begin to feel the shift in your body when we connect to the earth and assimilate more Light.

We welcome the Dolphins who will now guide you on a journey to connect with your Divine presence. Move all of your consciousness into your heart, feeling Love for your life, and for the opportunity to be alive on earth right now, as a representative of Source energy.

And now, joined with the magical Dolphins, set your intention to raise your vibration and connect with the Angels in the higher Celestial realms.

Feel yourself becoming lighter as you rise up through your crown chakra, opening to the Celestial realms of Light and purification. Surrender now, as this is a journey of faith. Allow the wisdom, love and support of the Angelic realm to bring you higher now, guided by your loving Dolphin friends.

Connect now to that part of you that is your Soul. From this place you know that life beyond this physical form is eternal, and that you are an immortal Beings of light.

Visualize yourself now stepping on to a stairway that spirals upward. As you begin your ascent on this stairway of life, release your struggles and challenges. And now you arrive at a platform, with a majestic and sacred view. This place is where your Soul has chosen to bring you to allow you to see and feel the true brilliance and magnificence of your existence. The Dolphins have guided you to this most intimate place where you can now receive multi-dimensional communications

As you tune to this vibration, allow yourself to behold the vision of your deeper purpose as a human. You now see and hear a team of Celestial Beings that surround you. They seem very familiar, as they have been with you from the time of your birth, and have never left your side.

Your Celestial team now is allowing you to see and feel the truth of your Soul's journey. You chose to enter the re-incarnational cycle eons ago, and you hold the wisdom of your own Akashic record in your DNA. You have come to planet earth many times, each time dedicated to the potential to bring more Love than you brought the time before. You are deeply honored for all of your lives, and for every name you have ever held.

Allow the Dolphins to guide you from this Celestial view, down into the earth where your personal Crystal is stored in the cave of creation. See and feel the beauty and wonder of moving into Hollow earth. Behold, your personal crystal which holds your Akashic records from every lifetime. Your name in this lifetime is linked to all of the other names you have held, and to all of the names that hold the essence of that which is called God.

The Dolphins share, “You have now achieved a merger of consciousness and Light that can only happen when allow for it. Your Soul and your Celestial team of loving Guides and Masters can greatly assist you in creating your earthly life with love and joy! You have connected with your I AM presence, or Higher Self. Dearest One, you are a Divine embodiment of God/Goddess/Creator/Source. Your awakening each day, more deeply to this truth will allow you to be a great and powerful Spiritual Being. Beloved One, claim your Divine empowerment and use your free will upon the earth to be a Conscious Creator, filled with love and light.”

It is time to remember. Be Love, share Love, and create more Love.
You are dearly loved. We are the Dolphins. Namaste

Layer 6 – Your Higher Self

Activate Now Layer 6 as my Higher Self. I AM THAT I AM.

You are a Creator God. You are a part of the Great I AM. You are a part of the Whole. You are both one and the same, and right now you are experiencing the whole as only a part in a physical and linear reality. This reality is contained within your vast consciousness. As an aspect of the whole, what is true for you is true for God, the supreme awareness that pervades all life. You, as God are the thought and you, as God as the thinker. You are the Creator. As a Creator in a physical reality, the rules are quite simple. What you believe is what you are going to experience.

Everything in the physical reality is made up of your projections of consciousness. All realities lie within you, and all realities are created by you. Physical reality is created by that which you deem it to be. There is NO outside. Nothing comes from the outside. You are your own entire Universe . . .

Through the power of your connection to the Dolphin Beings, come now into coherence with your life reflections, you created them! Whatever you are thinking, feeling and projecting, whether consciously or unconsciously, you send right into the mirror of physical reality. This mirror immediately responds by giving you back a reflection. These reflections form your life experience.

Will you come to your own mirror now, guided by your Dolphin friends who really see you? Life is created from your beliefs, and the physical you is the sum total of all of your thoughts and feelings. Everything in your life is reflecting back to you, your vibration. The meaning that you give to your life is exactly how you will experience it.

**Allow yourself now to open the Crystalline seals of your dormant DNA and Affirm:
I AM THAT I AM I AM THAT I AM I AM THAT I AM**

Layer 7 – Lemurian Layer 1

Activate Now Layer 7 as my DNA Home Language & Revealed Divinity within me.

We call forth the Ascended Dolphins to take us into the memories of our own revealed Divinity. In our message we explore the story of who you really are as we revisit the Earth's Star Seed Experiment that took place about 200,000 years ago. More and more information is being made available to you now, revealing how the actual star seed experiment was brought forth and integrated into the DNA of the human choosing to live upon planet Earth.

Following the destruction of almost all life on Earth, our planet and people went from living in a 5D world to living in a 3D world of duality. In a sense, we started over, being stripped to only 2 strands of active DNA. After this fall from grace, when the humans living upon the Earth were de-stranded in their DNA, the call went forth from Prime Creator to the 12 Dimensional worlds of form. Each society was asked to offer of their DNA to re-seed the human being. This gift of love, is the greatest experiment our Universe has ever witnessed. It then became very popular to want to incarnate onto Earth, knowing the pure potentiality of being a part of this opportunity. The wisdom of 12 different evolved planetary civilizations is coded right into every subatomic particle of your DNA. The collective intelligence of 12 Planetary worlds that have all Ascended is within every human. This type of experiment is unique and powerful for every human.

From a Universal perspective, the Human Race is the brainchild of many Stellar Beings who took part in the inception of you, of who you are, and who you are to become. The codes within your DNA are awakening and it is now time to remember. Your family in the stars and your distant relatives from the expanse of this Galaxy are ready to reintroduce themselves to each of you. Are you ready?

You truly are a human species unto your own. The Galactic Federation representing elders from each of the star systems and dimensions sent their finest light Emissaries to star seed and create the new Galactic human. Never was there a more celebrated victory than the seeding of Gaia, and the successful genetic splicing of the 12 Dimensional worlds of form into your DNA. Understand that the Emissaries of Light from these many Galaxies were united in their effort, and Earth became in many ways, the center of the Universe. It is true that all eyes are upon you, the emerging super race of Human Beings.

As free will beings, you incarnated and came in to create your own experience, make your own choices, and know the focus of dedicating yourself to an ideal. Quite simply you came to this third dimension as a representative of one of the star seed races we speak of. Quite simply you came to immerse yourself in the cycle of life and death and reincarnation, until the work is complete. Now is the time to remember and embrace the truth that you are form and matter sparked with the crystalline energy of Prime Creator.

You can now begin to understand the power of your Living Light Field or Merkaba and focus on the importance of the process of returning to Light.

The Universe and the Beings that are your star brothers and sisters are watching and waiting for you to take the evolutionary leap which moves you closer to the realization of their vision. This is your legacy. For as evolving souls who have committed to the third dimension in the Earth experience, you have chosen to take part in the ascension of an entire Solar family. Whatever personal experiences you have been focused upon until now, you will find yourself shifting consciousness to a more Galactic awareness of your purpose for reincarnating upon the Earth as you exist now. You are part of an elite group of Beings, those fortunate ones who have

directly participated in Celestial Ascension. You are among the residents of planets who are all in the process of transmuting a physical body of form back into a Lightbody. These are amongst the rarest of events in the universe, and they are exceptional moments in the all-time.

Feel the love and support that we all have for you. You are mutating into your light selves, about integrate the brilliance of light which is lain dormant and hidden for 100,000 Earth years. The reward for your hundreds, and some, thousands of lifetimes upon the Earth, is coming into manifestation. As you quicken your vibration to the new frequencies coming to this planet, you are accelerating the creation of Lightbody within you. You are restructuring your genetic grid. You will radiate as a beacon for those who like you have also begun the transmutation a process. This is an aspect of your attraction to each other as Soul and Star family, your unification, which brightens the light of Gaia. As individual units committed to service, you are anchoring the Cosmic energies within you, and then beaming them out across the matrix of the crystalline grid, furthering the process for others. This is evolution at its finest, in its purest sense, where everything is in a state of becoming brighter as we journey together and return to Source.

Thank you for opening your heart to remembering Who You Really Are. Remembering your lineage and your DNA back to who you were 200,00 years ago is an important step. When the Earth was re-seeded where did you live and who is your family? Asking these questions will lead you to remember and find those gifts within yourself that link you to your Star Family. Making this connection can greatly assist you in feeling powerful and motivated to continue to use your amazing gifts and to discover those that are still dormant in your own DNA. This process is designed to connect you to one or more of the Planetary worlds you lived in when the Star Seed experiment was implemented, and Earth began her journey back into the 5th Dimension. Your Star family is watching and waiting to connect to you. There is great love here for you.

STAR SEED RACES:

- | | | |
|-------------------------|-----------------------|--------------|
| 1. Pleiadian | 2. Sirian | 3. Arcturian |
| 4. Andromedan | 5. Alpha Centauri | 6. Orion |
| 7. Lyran | 8. Cetacean | 9. Elemental |
| 10. Galactic Arch Angel | 11. Cosmic Arch Angel | 12. Eloheim |

Affirm: I am open now to the truth of Who I Really Am. I ask to Remember my Star Family and Lineage so that I may know the truth of my own story. My Divinity is being revealed. So Be It and So It Is.

Layer 8 – Master Akashic Record

Activate Now Layer 8 as my Master Akashic Record for Wisdom & Responsibility

Beloved One, Your Dolphin friends would like to share with you. The human cellular structure and your DNA knows that the Whales and Dolphins represent a significant and special part of the Earth. The Whales and Dolphins are living portions of the grid system. They are actual living embodiments of the library containing the history of

Earth's evolution. The actual Akashic Records systems are stored within the consciousness of the Whales, and the Dolphins access it. The journey of your Soul over every lifetime is stored in the Akashic records. The Whales and Dolphins are the living molecular librarians for Earth, and they have full access to all Akashic records.

You are hearing these words, because you know that you are changed by their energy. Your cellular information is aligned and upgraded in their presence, your DNA is recalibrated to allow for a shift in consciousness.

Did you know that your human DNA is also a part of the Grid system for Gaia? You now know that your evolution as a human is reflected in your DNA. The Whales and Dolphins access this information as stewards for Gaia and the Earth. They sing to coordinate with the Crystalline grid system, and they can change your vibration and essence when you connect.

Your DNA, which is the blueprint of your life, is the engine that carries the information from your Akashic Records, over every lifetime.

New research and experimentation has shown that human DNA is activated by waves and particles of energized sound and light that the Dolphins emit. Further research has revealed that genetic inheritance is energetically transmitted bio acoustically and electromagnetically through special water molecules that form the electro genetic matrix of DNA. The Dolphins access these hydroelectric structures, as they use their ability to literally switch your genes off or on.

So, in this healing session, we suggest that you give permission for the Dolphins to access your Akashic records and ask for a personal alignment. When you do so, your human DNA is like a radio receiver for sound and light. The dolphins and whales can then easily access your DNA and the codes within you.

We are all deeply connected to the Cetaceans as our energies are intertwined from the moment of Creation and our emergence into physical form.

We predict that there will come a day when the human will sing and intuitively project the correct sounds to the cetaceans of the Earth. The dolphins and whales will see it as structured language that they have been expecting. They will respond back to us and great alignments, healing and breakthroughs will occur for the humans.

We are approaching the time when this quantum energy will come forward through our quantum intellect. We have already discovered that there are only two types of DNA on the planet that is structured for quantum intellect. The Human Being and the Cetacean.

Kryon says, "Your Akashic Records exist in many places and forms. Feel them in your Crystal that is stored in the Cave of Creation within the earth. Feel the power of your own DNA, as it has recorded everything in the double helix from every lifetime. You never have to relearn anything spiritually, since the information is cumulative and stays with you from lifetime to lifetime. You are your own ancestors. And feel your Akash in

the Crystalline grid that lays over the planets surface. This grid remembers everything that the humans do and where they do it. And finally, the Crystalline Grid is being aligned for compassion. It is changing and aligning to the wisdom and Love to the Mother energy. “

We close this DNA Calibration session now, leaving you to continue to explore your own Akash. Access the wisdom of the Cetaceans often and align yourself with the Crystalline grid for continued expansion and growth. You are Loved!

Affirm: I AM Wisdom and I AM Responsibility.

Layer 9 – The Healing Layer

Activate Now Layer 9 as Flame of Expansion –The Violet Flame of Saint Germaine and the Great Whales

We welcome the Dolphins now as we enter a meditative state. We call out to the Whales and to Master St Germaine to bring the Royal Purple Light of the Violet flame. We ask for a healing, an expansion, illumination and accelerated spiritual growth. We open to a deeper connection to our true Divine selves. We move into a guided meditation now with the Dolphins.

Envision yourself standing in a beautiful meadow looking up and seeing to see the most beautiful rainbow you have ever seen. Feel the majesty and beauty of this rainbow. As we see the colors we know in our hearts that this is the symbol of what we all want to be and do. It brings us peace and a deep feeling of love. Breathe in the rainbow light. Move into your heart, taking some deep breaths. See the rainbow mist entering your body now and swirling inward. Allow the rainbow mist to permeate every cell of your body. When we consciously breathe light into our bodies we can move into a balanced frequency that is harmonizing with our Higher Selves. Feel yourself becoming lighter as you breathe. Feel the rainbow light stimulating you and connecting you to those qualities that you love about yourself.

Saying silently to yourself. I am kind. I am compassionate. I am powerful. I am empowered. I am unconditional love. I am Light. I am Source Light.

Now breathe more rainbow light into your body.

Say again silently, I Am SOURCE LIGHT.

When we realize that we are all children of Source light, and fully ACCEPT this notion, this energy goes out into the Morpheic Resonant Field and then the Morpheic Resonant Field responds in like manner, ... it sends back to us all the Divine Qualities of Source - kindness, forgiveness, unconditional love. This activation transforms us. This is a

true shift in consciousness you can return to in just a moment. Acceptance is the key! You have to trust, and you have to let go. All is Source!

Continue to breathe more rainbow Source Light and ask yourself . . .

Am I living a life of peace? Am I demonstrating in my life how to live a peaceful life? Am I committed to live as a demonstration of what I want to see happen around the world? When you commune directly with your Soul and Source Light, you agree to gather as a force of peace and that of Light. You cannot really ask others in good conscience to do something you have not yet done. We encourage each of you to consciously BE the change we want to see in the world.

Let's do that right now together as a collective field of Love. Each of us participating in our unique way, holding peace in our hearts and in our actions. Let's use our Life Force to join with others today to go within to hold peace in our own Being. Let's send a ripple out into our communities and into our world, knowing that together joined in love, we do make a difference.

And now, use the power of your vision to see the world where everyone would just love. A world that would be laced with forgiveness and filled to the rim with hope for a shiny future. See a place filled with happy endings to every story, with true love, miracles, laughter and undiluted joy. And now, enjoy the feeling of being wrapped in the rainbow light and Love of the Dolphins, sharing with them your vision of freedom and unconditional Love for all life. Be Love in every aspect of your lives Dear Ones! We are the Dolphins and we LOVE YOU so much!

We suggest that you now use our Affirmation and Vow to Change and Evolve:

I now chose to release all vows, cords and contracts, agreements and veils that are not based in unconditional love. I release all that no longer serves my highest and best good and re-emergence into full memory and consciousness of who I really am. I blaze the Violet Flame through every particle of my body, and through all time lines, past, present and future. I claim my true Divine Power as a child of the Divine. I now call upon my past and current life mastery, as I claim my Power in the here and now. I reclaim my own Divine power now as a child of pure Source energy.

We call forth now the cleansing and purifying energy of the Violet Flame, the royal purple light. We allow it to blaze through every particle and piece of ourselves. As the energy blazes through us, we allow the energies to permeate every cell, allowing us to feel only love, peace, tranquility and joy. We choose to completely transform and heal ourselves using the royal purple light of the VIOLET FLAME.

I AM a Being of Violet Fire, I AM the Purity God Desires

**I AM THAT I AM I REMEMBER I AM I AM LOVE
I AM TRUTH I AM DIVINITY EMBODIED AND SO IT IS**

Layer 10 – Divine Belief

Activate Now Layer 10 as The Call to Divinity – Recognition of the God in You

We lovingly now invite the wise and joy filled Dolphin Ambassadors into our session, seeking their amazing presence and help. They bring us Source Light, enlightenment and the opportunity to benefit from their vast experience. They hold the codes of creation within them and have existed outside of negativity or polarity for 30 million years.

The Dolphins say, “You are a biological unit of Light and you are a Holy Ambassador of love in human form. We honor you and ask that you simply relax, and surrender. Allow the softness of the incoming light to penetrate your heart, opening the door to a personal and even a planetary healing. Allow this energy to transform you into a place of peace.

We see you as Being such as ourselves, who originally answered the call to Serve here on this planet. Originally you are from another location, as we are, from deep space. We are all here on Earth to participate in the great Earth experiment. The vibration and essence of what the experiment is about is LOVE! When you agreed to be human and temporarily put yourself to sleep, so that you would not immediately remember your true self, we also answered the call of Stewardship here on Earth. Our Creator wanted you to have many support Beings around you as you awaken to your true self

Let us lovingly now connect through your pure energy and intention to your Source Point. This is a place of origin that exists within you and allows when activated for magnificent transformations to happen. Allow our accelerated frequencies to merge with you, as only you can give permission for a merger of this type. We offer you support through simple energy structuring. Consider the possibilities for yourself if you allow yourself to heal your physical form and activate your highest potentialities!

Say YES to love. Love for yourself first, and when you are ready for everyone and everything around you. We bring you more Love and it is transformative. From here, all is well, and you are simply becoming again that which you already are. We acknowledge the Divinity within you. Namaste my Creator Friend.
We are the Dolphins!

Affirm: I am an ancient and wise Being that is an integral part of the Earth experience. I AM that I AM. I say Yes to Love in all forms and ways. I AM Love.

Layer 11 – The Divine Feminine

Activate Now Layer 11 as the Wisdom of the Divine Feminine.

Beloved One, The Dolphins ask that you open to the energy and consciousness of the Divine Feminine within you. Every human has both the masculine and feminine aspects

within them, and it has very little to do with your gender. We have reached a time upon the planet, where everyone has the opportunity to expand their consciousness and tap into their ability to feel more deeply. It is important to acknowledge this “feeling place” within you. It can emerge as compassion and empathy, simply asking you to be willing to feel what is in your hearts. The Dolphins are Masters of sharing this energy that is a part of the Earth herself. Release the fears that no longer serve your Souls progression into the Light. Allow the sweetness of the Divine Feminine to take root within you as you embrace your ability to deeply feel and intuit what is best for you. The Dolphins encourage you to not hold back your emotions and to emerge with your feminine energy flowing. This will allow you to share love freely and become a valuable carrier of this Light for others. The Dolphins are Masters of sharing love freely, and they encourage you to find balance now with the energy that has lain dormant within the earth and within our own DNA for eons.

Beloved Gaia, beautiful Mother Earth, we love you! We love the Goddess that you are, and we are truly grateful for the all the blessings you bring us every day. Thank you for birthing us into our physical forms and thank you for loving us when we were not lovable. We humbly ask for your forgiveness for all that we have done to harm this earth and promise to be good stewards from this moment forward. We willingly merge our energy with our beloved Dolphin friends, who will continue to show us how to live in health, peace and harmony.

We open our Crown Chakras to breathe in Source Light as we connect directly to our Creator. Golden White Source Light travels all the way down the center of our bodies, through our base and into the very core of the earth. Be still and breathe deeply in and out. With every breath that you take pull more and more Source Light through your crown chakra, down your body and out of your base chakra into the heart of the earth. We ask that this Light connects to Mother Gaia’s Light, and ask now that it envelopes the whole planet. We ask for the energy and Love of the Divine Feminine to be shared with every Soul that dwells upon this beautiful planet we call earth.

We Affirm: We offer our truest Self to Mother Gaia and choose to now accept the wisdom of the Divine Feminine in our lives. We choose to good stewards for this earth and to promise to share the energies of LOVE, COMPASSION, UNDERSTANDING, PURITY, TRUTH, JOY, CONFIDENCE, and ETERNAL BLISS with all.

Layer 12 – Almighty God

Activate Now Layer 12 as El Shadai, God, Almighty God, The God Within Me

ALL IS SOURCE

We call for the Dolphins now to bring you the highest vibrational Source Light. The Dolphins are Master Epigeneticists who are called to work with your personal Sacred

Geometry, specifically your Vector Equilibrium or “VE” which is the Geometry of Absolute Balance. It is the blueprint by which nature forms energy into matter. It is true Zero Point and is the nearest approach we will ever know to eternity.

The Morphic Resonant Field is our Collective Unconscious:

This field is a storehouse of electromagnetic patterns from all species.

It All happens within, as every thought or action is energy. It all moves into the field and then becomes available to the collective. Times of Peace, Kindness and Beauty are in the Field and free access to you

During these years of great change, I advise you to honor your Sovereignty. As you look within you can find the inner calm and energy that is creating your future. Do not let the outside world confuse your vibration. Empowering yourself means creating a healthy detachment to the chaos of the outer world. From within you can experience the true evolution of yourself and this planet, and that is Love.

The new energy of great Love is here, and you are learning to acclimate into it. Take external action only after having received the insights from within. Expect miracles, as you start to open up to your understanding of All That Is.

When you can embrace the realization "I am Source", things start to happen more quickly inside you. This is a KEY to accessing this Morphic Resonant Field? In other words, when we realize that we are Source, which is an idea, and fully accept this notion, your energy goes out into the Morphic Resonant Field and then the Morphic Resonant Field responds in like manner,

The Field sends back to us all the Divine Qualities of Source - kindness, forgiveness, unconditional love. This transforms us. It is a Divine shift in consciousness. Acceptance is the key! You have to trust, and you have to let go. All is Source!

Allow the Dolphins to Calibrate Your DNA:

Connect to your Divine Soul Blueprint. Feel the power of the 12 strands of DNA that is the complete Human Avatar Blueprint. Allow your own genetic codes to be enhanced as you open to an accelerated shift in your bodies consciousness. Tune to the crystallized Light entering your body right here, right now. Feel the surge of electrical energy that is pure Source Light. This photonic energy is the essence of your Being and is infused with Light that is personalized just for you.

Tune now to the Galactic Source and then to Prime Creator as you say:

My entire perspective is changing. I'm getting a new picture of myself. I know I AM Divinity embodied. I now claim the God within me.

I AM SOURCE I AM SOURCE I AM SOURCE



Book Note: The Dolphins have shared that over time we will become more connected to them and we will channel and intuit information more clearly about our client's body, symptoms and illnesses. As this process is unfolding the Dolphins and the Whales uphold the wisdom in the book *Heal Your Body by Louise L Hay*. We encourage you to use it as a supplemental source of wisdom, as it can greatly contribute to the information you can share with your clients.

**2nd Edition – Whale & Dolphin Energy Light Medicine Manual
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Omni Dimensional Mystery School
Author Laurie Reyon LaurieReyon.com**

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Laurie Reyon

